



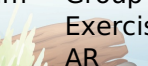

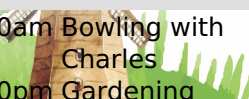


June 2023

Severn Activity Calendar

Recreation Therapist: Meg McGowan

meg.mcgowan@simcoe.ca 705-325-1504 ext. 4084

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30am Pet Therapy w/ Gwen and Hoagie 11:15am Group Exercise - AR 1:30pm Simcoe Cycling 2:00pm Music Therapy Group - AR 3:45pm June Decorating 6:15pm Warm Paraffin Wax	2 9:30am Tuck Shop Social - L 10:30am Church Service with Louise Downey - HH 2:00pm Bowling 3:30pm Donuts on the Patio National Doughnut Day!	3 2:30pm Colouring on the patio with Erin 
4 9:30am Dart Toss with Erin  Happy Birthday Pat L!	5 2:00pm Gym Program	6 9:30am Aqua Paint 9:30am Group Exercise - AR 10:45am Outdoor Strolls 1:30pm Bible Study-RAM AR 2:30pm Sing-A-Long with Paul 3:30pm Lucynt Interactive Programming 6:00pm Pub Night w/ Bruski - L Happy Birthday Steve!	7 9:30am Finish The phrase 9:30am Group Exercise - AR 10:45am Playful Puppy Time - HH 2:00pm Bingo - HH 3:30pm Ice Cream Sundaes National Chocolate Ice cream Day!	8 10:30am Pet Therapy w/ Gwen and Hoagie 11:15am Group Exercise - AR 1:30pm Simcoe Cycling 3:45pm Fish Tank Visits 5:00pm In House Dinner Club: Swiss Chalet	9 9:30am Tuck Shop Social - L 10:30am Church Service with Mae Cox - HH 1:45pm The Cone Ice Cream Outing** 2:45pm Piano Music with Dale - AR 3:45pm Feeding the Birds	10 9:30am Ball Sweep 10:45am Warm Paraffin Wax 2:00pm Popsicles on the Patio 3:30pm Outdoor Strolls 
11 9:30am Daily Bread Readings 	12 9:15am Good News Stories 10:45am Making Rose	13 9:30am Baking Tea Biscuits 9:30am Group	14 9:30am Group Exercise - AR 	15 10:30am Pet Therapy w/ Gwen and Hoagie 	16 9:30am Tuck Shop Social - L 10:30am Church	17 9:30am Bowling with Charles 3:30pm Gardening 

	<p>Bouquets</p> <p>2:00pm Gym Program</p> <p>2:00pm Simcoe Cycling</p> <p>3:45pm Fish Tank Visits</p> <p>6:30pm Jazzmatazz with Ted Duff-L</p> 	<p>Exercise - AR</p> <p>11:00am Lobby Strolls</p> <p>1:30pm Bible Study - RAM AR</p> <p>2:00pm Tea biscuit social on the Patio</p> <p>3:00pm Hymn Sing with Lynda</p> <p>6:15pm 1:1 Sensory Time</p>	<p>9:30am Moving to Music</p> <p>10:45am Sensory Time in the sunroom</p> <p>12:00pm Fish & Chips Lunch</p> <p>2:00pm Bingo - HH</p>	<p>11:15am Group Exercise - AR</p> <p>1:30pm Picnic at Couchiching Beach Park</p> <p>3:30pm Outdoor Strolls</p> <p>7:00pm Sensory Time: Relaxing to England's beautiful landscape</p>	<p>2:00pm Service with John - HH</p> <p>2:00pm Father's Day Campout! -HH</p> <p>3:30pm The Beatles Sing-a-long</p>	<p>with Charles</p>
<p>18</p> <p>3:30pm Ice Cream Sundaes on the Patio</p> 	<p>19</p> <p>9:30am Short Stories: Mariposa Exposed</p> <p>11:00am Life Skills: Meal Prep</p> <p>12:00pm BBQ Lunch on Severn</p> <p>2:00pm Birthday Party - HH</p> <p>7:00pm Manicures with Riley</p>	<p>20</p> <p>9:30am Dice Game</p> <p>9:30am Group Exercise - AR</p> <p>10:00am Indigenous Teachings with Jen-HH</p> <p>1:30pm Bible Study - RAM AR</p> <p>1:30pm Country Drive</p> <p>3:30pm Outdoor Strolls</p> <p>6:15pm Warm Paraffin Wax</p>	<p>21</p> <p>9:30am Group Exercise - AR</p> <p>10:00am Catholic Mass - HH</p> <p>11:00am Lobby Strolls</p> <p>2:00pm Bingo - HH</p> <p>3:30pm Balloon Volleyball</p>	<p>22</p> <p>10:30am Pet Therapy w/ Gwen and Hoagie</p> <p>11:15am Group Exercise - AR</p> <p>1:30pm Walmart Trip</p> <p>4:00pm Fish Tank Visits</p> <p>6:15pm 1:1 Sensory Time</p>	<p>23</p> <p>9:00am Seniors Celebration Outing**</p> <p>9:30am Tuck Shop Social - L</p> <p>10:30am Church Service with John Blyth - HH</p> <p>2:00pm Feeding the Birds</p> <p>2:45pm Piano Music with Dale - AR</p>	<p>24</p> <p>9:30am Cards on the Patio</p> <p>10:45am Warm Paraffin Wax</p> <p>1:45pm Simcoe Cycling</p> <p>3:45pm Outdoor Strolls</p> 
<p>25</p> <p>9:30am Gardening with Charles</p> <p>3:30pm Margarita's on the Patio</p> 	<p>26</p> <p>9:15am Hand Massages in the Sunroom</p> <p>10:45am Outdoor Strolls</p> <p>2:00pm Gym Program</p> <p>2:00pm Music with Judy</p> <p>3:30pm Aqua Paint</p> <p>7:00pm Manicures with Riley</p>	<p>27</p> <p>9:30am Group Exercise - AR</p> <p>1:30pm Bible Study - RAM AR</p> <p>1:45pm Baking Soft Pretzels</p> <p>3:30pm Beer & Pretzels on the Patio</p> <p>6:15pm Active Game: Ladder Ball - AR</p>	<p>28</p> <p>9:30am Group Exercise - AR</p> <p>10:00am Resident Council - HH</p> <p>11:00am Lost and Found</p> <p>2:00pm Bingo - HH</p>	<p>29</p> <p>11:15am Group Exercise - AR</p> <p>1:30pm Bus Outing: Tudhope Park Ice-Cream Stop</p> <p>2:00pm Music Therapy Group - AR</p> <p>6:15pm Movie Night - HH</p>	<p>30</p> <p>Red and White Day!</p> <p>9:30am Tuck Shop Social - L</p> <p>10:30am Church Service - HH</p> <p>2:00pm Canada Day Celebration - L</p> 	<p>Programs and outings are subject to change without notice.</p>

AR - Activity Room Severn

HH - Hillcrest Hall

L - Lounge