February 2024

Ramara Activity Calendar Recreation Therapist: Jasmine Gilmore Jasmine.Gilmore@simcoe.ca 705-325-1504 ext 4082

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend AR- Activity Room RR- Room to room L- Lounge HH- Hillcrest Hall ** Required to sign up with your Recreation Therapist	BLACK HISTORY MONTH	Stet it		9:30am Gym Open 10:30am Calendar Delivery-RR 1:30pm Walmart Outing**	Happy Groundhog Day! 9:30am Tuck Shop Social - L 10:30am Church with Louise Downey - HH Happy Birthday Jim-Bob! Library Book Exchange 10am	3:30pm Short Stories: Mariposa Exposed with Meg - AR
4	5	6	7	8	9	10
9:45am Virtual Kingdom Hall Meeting- SEV AR 10:30am Piano Concert w/ Luke 1:45pm Library Book Delivery- RR	10:30am Life with Children - HH 11:00am Chaplain Visits 2:00pm Harp Music w/ Susan- L 6:30pm Ted Duff Jazzmatazz - L	11:15am Hydroponic Gardening: Geraniums - AR 1:30pm Bible Study - RAM AR 3:30pm Friendly Visits	9:15am Decorate for Valentines Day - AR 10:00am Valentines Family Feud- AR 1:45pm Bingo - HH	9:30am Gym Open 11:00am Hymn Sing 2:00pm March Calendar Review- AR 3:30pm All About Me	Jersey Day! 9:30am Tuck Shop Social - L 10:30am Church Service with Mae Cox - HH 2:00pm Piano Music with Dale 3:30pm Healthy Heart Laps	2:00pm Superbowl Bets & Snacks- AR
11	12	13	14	15	16	17
SUPER BOWL	9:30am Active Game: Ladder Ball - AR 10:45am Manicures 11:30am Chinese In-House Lunch**- ORO AR 2:00pm Birthday Party w/ Bill	-	9:30am Tims Cart- RR 1:45pm Bingo - HH 5:00pm Valentines Dinner - HH Valentines	9:30am Gym Open 11:00am Prayer & Share - Oro 1:30pm Casino Rama Outing**	10:30am Church Service with	10:00am Elimination Card Game - HH 3:30pm Giant Ring Toss with Meg - AR
18	19	20	21	22	23	24
9:45am Virtual Kingdom Hall Meeting- SEV AR 10:30am Piano Concert w/ Luke	Happy Family Pay	10:30am Olympic Games - AR 1:30pm Bible Study - RAM AR 3:30pm Did You Know? Black History Month Edition - AR	10:00am Catholic Mass - HH 1:45pm Bingo - HH 3:30pm Healthy Heart Laps	9:30am Gym Open 2:00pm Baking: Funnel Cakes- AR 3:30pm Taste Testers- AR		3:00pm Active Game: Giant Ring Toss - AR
25	26		28	29	Did you know that humans can't	
What do you call a lazy kangaroo? A pouch potato	1:30pm Walmart Outing** 6:00pm Manicures	11:00am Hymn Sing with Lynda- Oro AR - RAM	10:00am Resident Council - HH 1:45pm Bingo - HH Wear Pink for Anti-Bullying Awareness Day!	11:00am Decor Takedown - AR 1:30pm Movie Matinee-RAM	walk in a straight line without a visual point? If blindfolded, we gradually walk in a circle. It seems like our brain needs a reference point to keep us on track!	

