


June 2023

# Ramara Activity Calendar

Recreation Therapist: Riley Matson

riley.matson@simcoe.ca 705 325-1504 ext 4082

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> <b>9:30am Gym Open 9:30-11:00</b> 9:30am Relaxing on the Patio 11:00am Calendar Delivery-RR 2:00pm Doughnut Bingo-ORO PATIO 2:30pm Gardening with Charles 7:00pm Card Games with Charles-AR	<b>2</b> <b>9:30am Tuck Shop Social - L</b> <b>10:30am Church Service with Louise Downey - HH</b> <b>2:00pm Piano Music with Dale</b> 2:15pm Men's Discussion Group: Donuts & Dads-AR 3:30pm Group Exercise - AR 3:45pm Patio Time <b>National Doughnut Day!</b>	<b>3</b> 9:00am Library Book Delivery-RR 9:30am Daily Bread Readings on the Patio with Erin
<b>4</b> 2:00pm Outdoor Strolls with Erin	<b>5</b> 9:30am Group Exercise - AR <b>Simcoe Cycling with Mackenzie</b> 11:00am Pet Therapy with Zorie-RR <b>2:30pm Woodworking with John Blyth and Charles-HH</b> 6:15pm Shuffleboard-L	<b>6</b> <b>9:30am Gym Open 9:30-11:00</b> 1:30pm Bible Study-RAM AR 1:30pm Melinda and Brice Pet Therapy - RR 2:00pm All About Me-RR 3:30pm Group Exercise - AR <b>6:00pm Pub Night w/ Bruski - L</b>	<b>7</b> 9:45am Chocolate Ice Cream Cart-RR 10:00am Warm Paraffin Hand Wax with Cally-RR <b>10:45am Playful Puppy Time - HH</b> <b>2:00pm Bingo - HH</b> 3:30pm Group Exercise - AR <b>National Chocolate Ice</b>	<b>8</b> 9:00am Relaxing on the Patio <b>9:30am Gym Open 9:30-11:00</b> 2:00pm Card Games 3:15pm Photo Booth: Father's Day photos- ORO AR	<b>9</b> <b>9:30am Tuck Shop Social - L</b> <b>10:30am Church Service with Mae Cox - HH</b> <b>1:45pm The Cone Ice Cream Outing**</b> 3:30pm Group Exercise - AR	<b>10</b> 10:30am Ladder Ball with Caitlin - AR 2:00pm Mocktail Social - AR

11	12	13	14	15	16	17
<p>2:15pm Word Games w/ Jasmine- L <b>Happy Birthday Jack!</b></p>	<p>9:30am Group Exercise - AR 10:30am Short Stories with Caitlin - AR <b>1:45pm Outing to Tudhope Park**</b> <b>6:30pm Jazzmatazz with Ted Duff-L</b></p>	<p><b>9:30am Gym Open 9:30-11:00</b> 1:30pm Bible Study-RAM AR 1:30pm Melinda and Brice Pet Therapy - RR 2:30pm Gardening on the Patio 3:30pm Group Exercise - AR <b>National Weed your Garden Day</b></p>	<p>9:00am Outdoor Strolls 10:00am Warm Paraffin Hand Wax with Cally-RR 10:30am Trivia Time: Fish or Fantasy? <b>2:00pm Bingo - HH</b> 3:30pm Group Exercise - AR</p>	<p>9:00am Relaxing on the Patio <b>9:30am Gym Open 9:30-11:00</b> 11:00am Meal Prep-AR <b>12:00pm Father's Day Men's Luncheon**</b> 2:45pm Music Therapy Group 7:15pm Trivia Time - AR</p>	<p><b>9:30am Tuck Shop Social - L</b> <b>10:30am Church Service with John - HH</b> <b>2:00pm Piano Music with Dale</b> <b>2:00pm Father's Day Campout! -HH</b> 3:30pm Group Exercise - AR</p>	<p>9:30am Daily Bread Readings on the patio with Erin 2:00pm Mini Putt with Erin-AR</p>
18	19	20	21	22	23	24
<p>9:45am Rootbeer Floats on the Patio with Charles</p> 	<p><b>9:30am Walmart Outing**</b> 9:30am Group Exercise - AR 10:30am Word Games with Caitlin - AR <b>2:00pm Birthday Party - HH</b></p>	<p><b>9:30am Gym Open 9:30-11:00</b> <b>10:00am Indigenous Teachings with Jen-HH</b> 1:30pm Bible Study-RAM AR 1:30pm Melinda and Brice Pet Therapy - RR 2:00pm Manicules-RR 3:30pm Group Exercise - AR</p>	<p><b>10:00am Catholic Mass - HH</b> 10:00am Warm Paraffin Hand Wax with Cally-RR <b>2:00pm Bingo - HH</b> 3:15pm Information Session: IPAC with Kelly - Oro AR 3:30pm Group Exercise - AR <b>Happy Birthday Wayne!</b> <b>Happy First Day of Summer</b></p>	<p>9:00am Relaxing on the Patio <b>9:30am Gym Open 9:30-11:00</b> Friendly Visits-RR 7:15pm Monthly Gazette/Horoscopes-RR</p>	<p><b>9:00am Seniors Celebration Outing**</b> <b>9:30am Tuck Shop Social - L</b> <b>10:30am Church Service with John Blyth - HH</b> 2:00pm Discussion Group with Caitlin - AR 3:30pm Group Exercise - AR</p>	<p>9:30am Simcoe Cycling with Caitlin 1:45pm Dice Bike Race Game with Caitlin</p>
25	26	27	28	29	30	
<p>9:30am Word Game on the patio 2:00pm Treat Cart: Lemonade** <b>Happy Birthday Bob!</b></p>	<p>9:30am Group Exercise - AR 10:30am Card Games with Caitlin - AR <b>1:30pm Walmart Outing**</b></p>	<p><b>9:30am Gym Open 9:30-11:00</b> 1:30pm Bible Study-RAM AR 1:30pm Melinda and Brice Pet Therapy - RR 2:00pm Manicules-RR</p>	<p><b>10:00am Resident Council - HH</b> 10:00am Warm Paraffin Hand Wax with Cally-RR 11:00am Lost and</p>	<p>9:00am Relaxing on the Patio <b>9:30am Gym Open 9:30-11:00</b> Friendly Visits-RR 2:30pm Smoothie Social-AR <b>6:15pm Movie Night - HH</b></p>	<p><b>Red and White Day!</b> <b>9:30am Tuck Shop Social - L</b> <b>10:30am Church Service - HH</b> <b>2:00pm Canada Day Celebration-L</b> 3:30pm Group</p>	<p><b>Programs and outings are subject to change without notice.</b></p>

		3:30pm Group Exercise - AR	2:00pm Found Group Exercise - AR 3:30pm <b>Bingo - HH</b>	<b>Happy Birthday John!</b>	Exercise - AR
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AR - Activity Room Ramara

HH - Hillcrest Hall

L - Lounge

RR - Room to Room