

## Simcoe Manor Family Council

### Minutes of Meeting February 1, 2023

- **Present:** Rosa Athanassoulis – Programs and Support Service Supervisor, Susan Calder, Linda Sherman, Deborah King, Diane Huntley, Melody Irwin-Social Worker
- **Welcome** – Susan Calder
- **Review of Whistleblower Policy** – Melody Irwin-Social Worker and Rosa Athanassoulis-Programs and Support Service Supervisor

Whistle Blowing Protections: Expanded WB protection to include:

- a. An inspector or the director
- b. Any other personnel from the Ministry
- c. Residents' Council
- d. Family Council
2. Includes evidence given or may be given in a proceeding
3. Intended to alleviate fear of retaliation for residents/families that complaint could result in care or service implications for the resident
4. Homes cannot discourage someone from making a disclosure or encourage someone to fail to disclose
5. Complaint to the Ministry by any means constitutes a disclosure

- always address concerns with staff member/s first
- whistleblower policy has also been reviewed with Residents' Council
- regulated by the Ministry of Health
- all concerns must be reported to the Manager
- all critical reported incidents will be pursued for review
- inspections of the home are random

- **Consent and Capacity** – Melody Irwin-Social Worker
  - handout given to attending members
  - Melody has worked at all Long Term Care sites in Simcoe County as well as the Administration Centre in Midhurst – has worked in LTC for 22 years – is a psychogeriatric expert and palliative care expert
  - works to support families and staff
  - works with residents to supply information, e.g., about treatment and to obtain informed consent in accordance with the Health Care Consent Act – tries to give residents and families an understanding of treatment and discuss foreseeable consequences of treatment

- where residents might have difficulty understanding – doctor, nurses, sometimes a specially qualified person, psychiatrist will assess for resident's capacity to understand
  - for unresolved questions of capacity – Consent and Capacity Board can be consulted for review – capacity is documented in clinical records – staff can assist discussion in an emergency
  - there is a Substitute Decision Maker (SDM) hierarchy – a Public Guardian can be appointed as a last resort
  - when there is disagreement among a group of SDM's, the group can contact the Public Guardian and Trustee or the Capacity Board – Melody is very transparent about use of the Consent and Capacity Board
- **Approval of Minutes from January 11, 2023** – Approved by Linda Sherman and seconded by Diane Huntley
    - Review of dates for wheelchair Roho cushion (inflation and positioning) training – February 8 and February 17 at 2:30 P.M. for Essa and Tosorontio
  - **Terms of Reference** – Rosa Athanassoullis and Susan Calder
    - amendment approved by members present – February 1, 2023 – posting of Family Council meetings' approved minutes on all Home area units' Family Council Boards
  - **Family Council Poster** – Rosa Athanassoullis, Susan Calder
    - Suggested – “**We Need You**” – at top of poster in large bold lettering
    - trying to attract more interested people – set up Family Council table in front lobby
    - meeting scheduled for Feb. 22<sup>nd</sup> at 1:30 P.M. to strategize ways to encourage broader membership in Family Council
  - **Treasurer's Report** – Linda Sherman
    - charge for deposit is only made when deposit is at teller
    - \$201.64 presently in account
  - **Resident and Family Safety Training, *Infection Protection and Control*** – Rosa Athanassoullis
    - bag for each resident's individual equipment – nail and footcare maintained by a special nurse – *a response form has been completed and sent to appropriate department regarding training, management, and administration of footcare*
    - best practices for infection control are shared among the four County homes – teams follow same policies – training is encouraged for all staff – *member question* - could there be an eye clinic similar to dental clinic, Toothpicks?
  - **Educational Training Presentation Topics** throughout the year – Rosa Athanassoullis
    - Rosa has suggested a possible list of educational presenters from various community organizations

- discussion of community presentations sponsored by Family Council will be part of meeting scheduled for February 22<sup>nd</sup> at 1:30 P.M.

- Mathews house / hospice - Compassion Fatigue
- Parkinson's society
- Osteoporosis society
- The hearing society
- Family Council of Ontario
- Residents council of Ontario
- Gentle persuasive Approach
- Montessori for Dementia
- Fraud and your safety
- LifeMark - PT company any topics they suggest i.e., falls prevention
- Ontario society of senior citizens
- Diabetes association
- Canadian mental health association
- Alzheimer's Society

**Entertainment by Elvis – Rosa Athanassoulis**

- Possible engagement of Elvis impersonator for summer presentation – cost is \$250 for a one hour performance  
 - would Family Council like to assist with cost? – perhaps cost sharing with Residents' Council – possibly each group pays half the performance cost

- **Home Updates – Rosa Athanassoulis**
  - two physiotherapy technician students have begun work at Simcoe Manor – currently auditing exercise classes – asking residents what they like about classes and/or why residents don't attend classes – to assist with future programming
  - chaplains are ministering to all units
  - senior fraud workshops – for senior safety – can phone OARC (Ontario Association of Residents' Councils) or contact online for advice and/or presentations - RBC (Royal Bank) will be making a presentation - some residents will be attending a presentation about fraud at Kingsmere – Linda Sherman will consult about OPP senior fraud presentation
  - memorial butterfly program – now, at passing of a resident, staff respond to a "code butterfly" paying respects to resident – special blanket quilt placed as resident leaves Simcoe Manor – written memorials for residents are placed on each unit
- **New Business – Susan Calder**
  - please notify Susan by email if you would like to add an item or question to the next meeting's agenda

**Meeting adjourned – 5:10 P.M.**  
Diane Huntley

**NOTE – meeting to discuss encouragement of more interest in Family  
Council – February 22<sup>nd</sup> at 1:30 P.M.**

***Next meeting:  
March 1, 2023 at 3 P.M.  
Tea Room of Simcoe Manor  
Microsoft Teams***