

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2022

Innisfil Unit

Recreation Therapist: Steve Fagan
Steve.fagan@simcoe.ca | Ext:5083

Bolded: Special Event
Bold & Underline: Outing
FL: Front Lobby
AUD: Auditorium
TVL: TV Lounge
V: Virtual
1-1: One to One program
P: Physiotherapy
HOF: Hall Of Fame
(\$): Cost Associated
(*): Sign up required
2nd DR: Second Dining Room

11:15 Exercise: Parachute (NS)
1:30 Men's Club: Hockey Social w/ Taylor & Steve
4:00 Fish Care
6:15 Calendar Delivery (1-1)


11:15 Exercise: Open Gym (HOF)
7:00 Seasonal Jeopardy With Amber (HOF)

10:15 Tim Hortons Treat Cart
11:00 Travelling News Cart (1-1)
1:30 Christmas Market Dufferin County Museum

10:15 Manicures & Light Therapy (1-1)
11:00 Library Visits (1-1)
1:30 Caribbean Craft (HOF)
3:00 Country Drive (O)

Enjoy your morning w/ Steve
10:00 Mind & Melody (1-1)
11:00 Music with Nancy (Aud.)
11:15 Exercise: Music (NS)
1:00 Chaplain Visits with Andrew

11:15 Exercise Group (NS)
1:30 Giant Tiger




10:15 Restorative Walks (1-1)
11:00 Travelling News Cart (1-1)
1:30 Bingo (Aud.)
4:00 Friendly Visits (1-1)

11:15 Exercise: Parachute (NS)
2:00 Caribbean Christmas: Steal Drummer (Aud)
4:00 Mind & Melody (1-1)
6:15 Tuck Shop Cart (1-1)(\$)
7:00 Evening Church Service (V)

11:15 Exercise: Open Gym (HOF)
2:00 Church Service with Pat James (Aud.)
6:00 Christmas Light Tour



3:00 Chaplain Visits w/ Andrew



On the first day of Christmas...
11:15 Exercise: Music (NS)
11:45 Dance off (NS)
1:30 Gingerbread Cookie Decorating (2nd DR)
6:15 Travelogue: Caribbean
7:00 Evening Church Service (V) (1-1)

On the 2nd day of Christmas...
10:15 Restorative Walks (1-1)
11:00 Christmas Sing a Long (2nd DR)
11:15 Exercise Group (NS)
11:45 Dance off (NS)
1:30 Walmart Shopping \$

On the 3rd day ...
10:30 Bingo (Aud.)
11:45 Dance off (NS)
1:00 Chaplain Visits w/ Andrew
1:30 Christmas Craft
3:00 Resident's Council and Food Committee (Aud)

On the 4th day ...
11:00 Christmas Fun & Games w/ Andrea
11:15 Exercise: Parachute (NS)
11:45 Dance off (NS)
1:30 Pub Crawl: Muddy Water

On the 5th day ...
11:15 Exercises: Open Gym (HOF)
11:45 Dance off (NS)
1:30 Mind & Melody (1-1)
4:00 Treat Cart
5:00 Christmas Celebration and Entertainment
6:00 Entertainment w/ Brian & Gloria

On the 6th day ...
Enjoy your afternoon w/ Amber
1:30 The Spirit of Christmas: Gratitude Letters
3:30 Manicures & Light Therapy (1-1)

On the 7th day ...
1:30 Trivia Time (HOF)
3:00 Snowball Toss (NS)
6:30 Christmas Night Light Tour

Hanukkah Begins

On the 8th day ...
10:00 Door Decorating Judging
11:00 Travelling News Cart (1-1)
11:15 Exercise Group: Music (NS)
1:00 Chaplain Visit: Andrew
2:00 Boomwacker Songs (TR)

On the 9th day ...
10:15 Restorative Walks (1-1)
11:00 Fundraising (FL)
11:15 Exercise Group (NS)
1:30 Christmas Bingo (Aud.)


On the 10th day ...
Sweater & Christmas Sock Day!
11:00 Music With Nancy (AUD)
1:30 Winter Poems With Taylor (HOF)

Winter Begins

On the 11th day ...
11:15 Group Exercise: Parachute (NS)
1:30 Chicken Soup Stories
2:30 Holiday Movie (Aud)
6:15 Lucyant Gaming Time (HOF)

On the 12th day ...
11:15 Group Exercises: Open Gym (HOF)
3:30 Hot Chocolate Cart w/ Andrea and Steve

Christmas Eve!
3:30 Egg Nog Cart With Taylor
4:00 Twas the Night Before Christmas Reading (PA)




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Boxing Day

1:00 Chaplain Visit: Andrew



9:30 Friendly Visits with Taylor
10:45 Short Stories w/ Taylor
1:30 Bingo (Aud.)

Enjoy your afternoon w/ Taylor!
1:30 Men's Club @ Workshop
2:30 Exercise: Parachute (NS)
3:30 Discussion: Year in Review

Enjoy your afternoon w/ Sherri!
1:00 Exercises: Open Gym (NS)
1:30 Lucyant Gaming Time
3:00 Hand Massages

Enjoy your evening w/ Amber
2:00 New Year's Eve Entertainment w/ Bob Cook (AUD)
6:45 Face Time Calls (1:1)

New Year's Eve