

How to Apply to a Long-Term Care Home in the County of Simcoe

FIRST STEP IS TO FIND YOUR Home and Community Care (HCC):

Note: Community Care Access Centre (CCAC) is now called Home and Community Care (**HCC**)

For information on the HCC that best suits your needs visit the following website for a list of regions and maps: <http://healthcareathome.ca/>

IF YOU'RE **NORTH SIMCOE MUSKOKA Home and Community Care (HCC):**

For information about Homes in the in the North Simcoe Muskoka (NSM) region, contact the NSM Home and Community Care for more information on eligibility, costs, and how to choose a home.

For general North Simcoe Muskoka HCC inquiries or to make a referral, contact them at:

Website: <http://healthcareathome.ca/nsm/en>

Telephone: 705-721-8010

Toll Free: 1-888-721-2222

IF YOU'RE **CENTRAL HOME AND COMMUNITY CARE (HCC):**

For information about Homes in the Central Ontario region, contact the Central Home and Community Care (HCC) for more information on eligibility, costs, and how to choose a home.

Website: <http://healthcareathome.ca/central/en>

Telephone: 705-895-1240

Toll Free: 1-888-470-2222

SUGGESTIONS:

- Visit a number of homes in order to determine, first-hand, which one is best suited to your needs and lifestyle.
- You can contact the home and speak with the operator or administrator regarding any questions you may have.
- If you would like information click on link <http://www.nsmhealthline.ca/>

- Call 211 for services available in your community or click on the following link <http://www.communityconnection.ca/211.page.45.html>

SELECTING A HOME

A long-term care home setting could be the right option for you. Once you have made this important decision and confirmed your eligibility, it is now time to find the right home that is best suited to your needs.

Your HCC Care Coordinator will discuss all options, including providing options for long-term care homes. You can apply to as many as five homes.

Each long-term care home has its own features, amenities and 'personality'. You or someone you trust should visit the long-term care homes you are considering before you decide to apply.

Your HCC Care Coordinator has extensive experience helping people to research and select the right home for them, and can share valuable advice that will help you narrow down your choices.

WHAT DOES THE HOME COMMUNITY CARE (HCC) OFFER?

HCC finds you the care you need in your home and in the community. This care is focused on optimizing your health and independence; supporting you through a health-care transition (for example, from hospital to home); or providing care following an illness or compromised health status. We encourage you to visit their website to learn more about what services might support you best. HCC provides information about services according to where you will be receiving the care:

- Finding a family doctor
- Care at home
- Care at school
- Care in the community
- Supported living
- Long-term care

and much more....

QUESTIONS TO CONSIDER WHEN RESEARCHING HOMES:

1. Is the staff friendly, warm and concerned?
2. Do residents look content and well cared for?
3. Is there a tone of dignity and respect for the residents?

4. Is the home convenient for family and friends to visit?
5. Are there areas in the home where you can visit privately?
6. Is public or volunteer transportation available?
7. Is there flexibility around visiting hours?
8. What are the rules regarding vacation and leaves?
9. Do the activities at the home sound interesting and appealing?
10. Are family members involved in planning for the resident's care?
11. Does the home support a Family Council?
12. Is the home able to meet your religious, cultural, language and dietary needs?
13. Are there mealtime choices, including menu, location, and times?
14. Can residents bring in their own food?
15. Can you arrange to sample a meal or participate in an activity at the home?
16. What are the policies around smoking, non-smoking and alcoholic beverages?
17. Is your family doctor able to continue providing care?
18. What special needs can the home accommodate (e.g. oxygen, scooters, electric wheelchairs)?
19. Can you bring your own furnishings?
20. Is there an option to keep your personal belongings secure (e.g. lockable drawers)?
21. Does the home require that clothing be labeled prior to moving in?
22. How is billing arranged?
23. What are the extra charges, if any, for personal needs and services?
24. Is the home accredited?
25. Have you checked the Facility Review Summary Report, the Ministry's most recent annual review of each long-term care home?

You may also want to contact Concerned Friends of Ontario Citizens in Care Facilities, a volunteer organization that provides a more extensive checklist for selecting a long-term care home. You can visit their website at: <http://www.concernedfriends.ca/work-we-do/checklist>

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