

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Therapist <b>Danielle Thiffault</b> Ext. 3082  <b>Legend</b> <u>Underlined</u> = Auditorium ** = Sign Up Required	<b>1</b>  <b>Civic Holiday</b>	<b>2</b> 9:45 Group Exercise 10:00 Golf Cart Rides 2:00 Patio Social 3:00 Mind & Melody	<b>3</b> 10:00 <u>Catholic Mass</u> 2:00 <u>Elimination</u>	<b>4</b> 10:00 <u>Hymn Sing</u> 2:00 <u>Bingo</u>	<b>5</b> 9:45 Group Exercise 10:30 <u>Music w/ Brent Meidinger</u>  2:00 Tricycle 3:30 Mind & Melody	<b>6</b> 2:00 Rootbeer Floats
<b>7</b> 2:00 Outdoor Strolls 3:00 Manicures	<b>8</b> 2:15 <u>Rosary</u>	<b>9</b> 9:45 Group Exercise	<b>10</b> 10:00 <u>Catholic Mass</u> 2:00 <u>Wye Marsh Outing**</u>	<b>11</b> 10:00 <u>United Church Service</u> 12:00 <u>Under the Sea Lunch</u> 2:00 <u>Bingo</u>	<b>12</b> 9:45 Group Exercise 10:00 <u>Walmart**</u>  2:00 <u>Music W/ Emma Reynolds</u>	<b>13</b> Why isn't there a clock in the Library?  Because it TOCKS too much
<b>14</b> 1:30 <u>Toronto Blue Jay's Game</u>	<b>15</b> 2:15 <u>Rosary</u> 5:45 Manicures 6:30 Friendly Visits	<b>16</b> 9:45 Group Exercise 10:00 Golf Cart Rides  2:00 <u>High Tea w/ Michael Brown</u>	<b>17</b> 10:00 <u>Catholic Mass</u> 2:00 <u>Elimination</u>	<b>18</b> 10:00 <u>Chaplain Church Service</u>  2:00 <u>Bingo</u>	<b>19</b> 9:45 Group Exercise  <b>BBQ + CAR WASH</b> 11:00 – 3:00	<b>20</b> 10:00 Mind & Melody  1:15 <u>Mass of the Anointing at the Shrine**</u>
<b>21</b> 10:00 Our Daily Bread 2:00 <u>Way of the Cross</u> 3:30 Walkabouts	<b>22</b> 10:00 Beading 11:00 Music Appreciation  2:15 <u>Rosary</u>	<b>23</b> 9:45 Group Exercise 10:00 Mind & Melody  2:00 <u>Gold Rush Social</u>	<b>24</b> 10:00 <u>Catholic Mass</u> 2:15 Outdoor Strolls 3:00 Manicures	<b>25</b> 10:00 <u>Covenant Church Service</u>  2:00 <u>Bingo</u>	<b>26</b> 9:45 Group Exercise  2:00 <u>Birthday Party w/ Mike Roberts</u>	<b>27</b> <b>CLASSIC CAR SHOW</b> 11:00-2:00
<b>28</b> <b>Activity Supplies Available in the Activity Room</b>	<b>29</b> 10:00 Mind & Melody 10:30 Manicures 2:15 <u>Rosary</u>	<b>30</b> 9:45 Group Exercise 10:00 <u>Art in the Park**</u> 2:00 Mocktails on the Patio	<b>31</b> 10:00 <u>Catholic Mass</u> 2:00 Baking 3:30 Calendar Delivery	<h1>August 2022</h1> <h2>SILVER BIRCH</h2>		

Programs are subject to change without notice. Some programs are weather dependent.