



Dear Colleagues,

The municipality of the Town of Midland Senior's Council and the North Simcoe Ontario Health Team are inviting you to attend a North Simcoe Age Friendly Council (AFC) community event on Thursday, October 14th at 1:00 p.m. to 3:30 p.m. The event will be hosted on zoom and will showcase a presentation by Lisa Brancaccio, the AFC Outreach Program Knowledge Broker for The Centre for Studies in Aging and Health (CSAH) at Providence Care in Kingston, Ontario. (see details next page) This will be followed by a presentation on what is working now as communities activate age-friendly strategies, including the story of Age Friendly Niagara Network with guest Dominic Ventresca.

Participants will have the opportunity to take part in developing the North Simcoe Age Friendly plan and generate strategies and actions to mold our community into one that allows our seniors to have a high quality of life in their later years.

As Canada's senior population continues to grow, it is important now more than ever, to support the health and wellbeing of older Canadians. That is why the North Simcoe OHT, the Town of Midland, and other municipalities across Simcoe County, are taking steps to become more age-friendly, where all residents can be active and engaged members of the community at every stage of life.

An age-friendly community is designed to help people live safely, enjoy good health, and stay engaged in their community. As part of its Global Age-friendly Cities Project, the World Health Organization (WHO) identifies eight key themes (foundations) of community life that can become more age-friendly:

1. Outdoor spaces and buildings
2. Transportation
3. Housing
4. Respect and social inclusion
5. Civic participation and employment
6. Communication and information
7. Community support and health services
8. Social participation

The goal of this event is to form a working group, supported by the North Simcoe OHT and the four municipalities (proposal to be created), to create a community-wide plan with attainable goals and measurable indicators of success based on the eight themes outlined above. We hope that you will consider attending this event to provide your thoughts on goals that will help us activate our Age Friendly Plan initiatives, and taking a key role in shaping your community towards a safer, healthier and more socially engaged environment for our seniors.

To register for this event, please RSVP to Cher Cunningham CCunningham@Midland.ca by October 12 or visit Event Brite ([link below](#)) to register online.

Sincerely,

Your hosts: The North Simcoe OHT, Town of Midland



Our Guest Speakers

Lisa Braccaccio, Ontario Age-Friendly Communities Outreach Program Building and Sustaining Momentum in Age-Friendly Community Planning

Lisa is the Knowledge Broker for the Centre for Studies in Aging and Health at Providence Care.

In her role, Lisa facilitates the Ontario Age-Friendly Communities (AFC) Outreach Program to spread awareness, connect, and increase capacity of AFC Initiatives in the Province.

Lisa will provide an overview of the AFC planning, implementation, evaluation and sustaining processes, including lessons learned from other communities and a snapshot of AFC development in Ontario.

Dominic Ventresca, Ange Friendly Niagara Network (AFNN)

The Niagara Age Friendly Communities Network Story

Dominic is the AFNN Leadership Council Co-chair. He became engaged in AFC initiatives in his role as Director of Senior Services for the Regional Municipality of Niagara and has remained involved since his retirement in 2012. Dominic will discuss the development of AFNN, give an overview of its structure, future goals and how the network is responding during the pandemic.

Register for this event through Eventbrite so that you will easily receive the Zoom link and materials.

Eventbrite link: <https://www.eventbrite.ca/e/age-friendly-north-simcoe-event-tickets-170289441303>

Email RSVP instead:

Cher Cunningham

CCunningham@Midland.ca

Town of Midland Councillor

Text: 705-896-1370

Christine Ralhan

Project Manager

North Simcoe Ontario Health Team

Tel: 705.888.6203

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Agenda

Thursday, October 14, 1:00 – 3:30

Welcome and Introductions

Guest Speaker Lisa Braccaccio

Presentation Dominic Ventresca

Q & A

Breakout Rooms

Sharing of ideas/goals

Working Group and Next Steps



Local Age-Friendly Resources:

Town of Midland Age Friendly Plan:

<https://engagingmidland.ca/age-friendly-community-plan>

Tiny Township Age Friendly Plan:

<https://www.tiny.ca/Shared%20Documents/Recreation/Age%20Friendly%20Community%20Summary%20Note.pdf>

Tay Township Age Friendly Plan:

<https://www.tay.ca/en/living-here/age-friendly-community-plan.asp>

Penetanguishene

<https://www.connectpenetanguishene.ca/age-friendly-study>

Simcoe County Resources

<https://www.simcoe.ca/dpt/ltc/age-friendly>

Please email ccunningham@midland.ca to share programs or resources your organization has created – links or pdfs or event calendars all welcome.

One of the goals we seek to achieve is better communication and collaboration of local resources.