

TRAINING AND WORKSHOPS				
List Developed Jan. 2014				
Name	Website	Contact	Workshops	Fee
Karima Kara IEXPRESSIONS.CA	http://www.iexpressions.ca/#nav	Karima Kara Phone: 613-796-9696 Email: info@iexpressions.ca **Laurie Blackstock Phone: 613-796-2116 Email: lblackstock@rogers.com	<ul style="list-style-type: none"> ✓ Intercultural Effectiveness and Diversity (Pre-Departure, In Country Orientation and Re-Entry) ✓ Intercultural Competence Assessment Tools ✓ Cross-Cultural Negotiations <p>Please see attached email and one page summary of course objectives and audience.</p>	Contact – it varies depending who you are and what you are seeking. Please speak with ** Laurie Blackstock for a quote.
Professional Education and Training	http://www.ocasi.org/professional-education-and-training-pet	Phone: 416-322-4950 Ext 238 Email: pet@ocasi.org	This is training available to anyone who is in receipt of CIC/MCI funds – agencies/individuals can apply for to support PD.	Check site http://pet.settlement.org/training_orgs.aspx (courses offered)
Negative Attitude and Difficult People	http://toronto.cmha.ca/programs-and-services/community-support-services/our-public-workshops/negative-attitudes-and-difficult-people/	Phone: 416-789-7957 Ext 260 Email: workshops@cmha-toronto.net Please note: This opportunity is only offered in Toronto/Scarborough at this time.	Training from CMHA. This is a one-time workshop – working with different types of clients.	\$75.00 Per Person
Joining Hands – Cross-Cultural Mental Health	http://toronto.cmha.ca/programs-and-services/community-support-services/our-public-workshops/joining-hands-cross-cultural-mental-health/	Phone: 416-789-7957 Ext 260 Email: workshops@cmha-toronto.net Please note: This opportunity is only offered in Toronto/Scarborough at this time.	Training from CMHA. This is a one-time workshop – Cross-cultural views on mental health and treatment.	\$95.00 Per Person
Opening Doors Project: Mental Health + Equity + Diversity	WEBSITE: http://toronto.cmha.ca/programs_services/the-opening-doors-project/#.UUn4C46DR_c BROCHURE: http://toronto.cmha.ca/files/2012/09/Opening-Doors-Brochure-updated-July-20131.pdf	Phone: 416-631-9896 Ext 0 Email: openingdoors@cmha-toronto.net	Total of 9 Workshops (please see site for full list). Most Applicable: <ul style="list-style-type: none"> ✓ Building Bridges: Anti-Racism 101 ✓ Working Across Differences: Anti-Mentalism meets Anti-Racism ✓ Journey's To Canada: Stories of Migration ✓ Bridging the Gap: Generation & Immigration 	FREE
Cultural Competence – E-Learning Module Series (Sick Kids)	http://www.sickkids.ca/culturalcompetence/elearning-modules/eLearning-modules.html	Direct access through site	Total of 15 modules (please see site for full list) Most Applicable: <ul style="list-style-type: none"> ✓ Intro to Clinical Cultural Competence ✓ Refugee & Immigrant Health ✓ Cross-Cultural Communication ✓ Parenting across Cultures ✓ Cultural Competence in Social Work 	FREE
The Refugee Mental Health Project	http://knowledgex.camh.net/HEALTH_EQUIY/IMMIGRANTS_ETHNORACIAL/Pages/elearning.aspx	Direct access through site	Consists of 3 parts: <ul style="list-style-type: none"> ✓ 2 self-directed online Courses ✓ Community of Practice ✓ Tool-Kit of Resources <p>There is also a series of Webinars.</p>	FREE Ontario Professionals – please see list on site to see who is eligible.

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Mental Health Interpreter Training – CAMH	http://knowledge.camh.net/health_equity/Pages/MentalHealthInterpreterTrainingCourse.aspx	Please check out site for information on available dates (currently all TO) as well as, contact info for more information.	<p>Session 1: What is mental health care in Toronto?</p> <p>Session 2: Strategies for being an effective interpreters in mental health care.</p>	<p>FREE</p> <p>Part of contractual agreements.</p>
On-Line Tutorial: Working with Interpreters in a Clinical Setting	http://knowledge.camh.net/health_equity/Pages/WorkingwithInterpreters.aspx	Please see site to start tutorial.	<p>Learning objectives are:</p> <ul style="list-style-type: none"> ✓ Language Barriers on Mental Health ✓ Assess a Patients need for an Interpreter ✓ Work with an Interpreter and many more 	FREE
The Centre for Organizational Cultural Competence	http://www.culturalcompetence.ca/	<p>http://www.culturalcompetence.ca/KeynoteWorkshops.html</p> <p>Local offices in TO</p> <p>Phone: 204- 996-4792 (direct cell)</p> <p>Email: Lewbayer@culturalcompetence.ca</p>	<p>Keynotes, Sessions and Training Workshops</p> <p>Examples of Keynote topics:</p> <ul style="list-style-type: none"> ✓ Culture at Work ✓ Cultural Issues ✓ The Immigrant Perspective ✓ Recruiting & Retaining Immigrants <p>Culture at Work: Training/Workshops</p> <ul style="list-style-type: none"> ✓ Setting your Organizational Cultural Compass ✓ Navigating a World of Differences ✓ Increasing Cultural Awareness ✓ Working around the World ✓ Canadian Workplace Culture ✓ The Impact of Culture of Workplace Communication ✓ Passport to Success ✓ Building a Culture of Connectedness <p>Full list and description of workshops:</p> <p>http://www.culturalcompetence.ca/CE_COCC_Workshops_Training_Topics.pdf</p>	<p>Keynote: \$3500 – this is for 60 minutes. Any # of people can attend. This includes all travel and expenses.</p> <p>Workshop: \$5500 for full-day (8hrs). This could be ½ day session repeated twice. Travel and expenses are included.</p>
Competence Consultant and Associates	http://www.competenceconsultants.com/	<p>Phone: 416-532-6752</p> <p>Email: info@competenceconsultants.com</p> <p>Douglas Stewart: dstewart@rogers.com</p>	<ul style="list-style-type: none"> ✓ Foundational Cultural Competence for Boards, Managers, Staff & Volunteers ✓ Level 2 Cultural Competency (everyone) – Training and Next Steps Customized for the Organization 	<p>Range of fees depending on audience – contact.</p> <p>Standard costs are \$700 for a half-day session and \$1200 for a full-day session. Depending on level of preparation and customization of the sessions they may charge additionally for the time incurred.</p> <p>Rates are negotiable depending on the budgets and funding challenges of the entity they are working with. In cases of larger or more complex organizations, they may provide partner to provide 2 consultants which would then double the rates.</p> <p>*Provide sessions for a variety of audiences.</p>
Cultural Competency Training Program to integrate Internationally Trained Professional (IEPs) into Ontario Workplaces	<p>Human Resources Professional Association (HRPA)</p> <p>http://www.hrpa.ca/ProfessionalDevelopment/Pages/Cultural-Competency-Training-Program.aspx</p>	<p>Contact:</p> <p>Heather Orr-Francis</p> <p>Email: Horr-Francis@hrpa.ca</p>	<p>Training program to assist Ontario Companies to attract, retain, and promote diverse workforces.</p>	<p>Subsidized rate to 10 service organizations per year.</p> <p>If interested agencies/organizations need to apply.</p>

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LGBT Cultural Competency Training	Rainbow Health Ontario http://www.rainbowhealthontario.ca/traininq/RHOtraining.cfm	Email: dnambiar@rainbowhealthontario.ca or download training request form found on site.	Workshops: 1) LGBT Newcomers	Cost recovery basis (photocopying, materials and travel).
Building Intercultural Understanding between Immigrant and Indigenous Communities	Cities of Migration – Maytree Idea http://citiesofmigration.ca/webinar/dialogue-e-circles/	Direct access through site.	Webinar *Please check sites as they do regular webinars around culture.	FREE
Cultural Competency	KW Counseling Services http://www.kwcounseling.com/diversity-cultural-competency-training/	Phone: 519-884-0000 Ext 219	Workshops and Training for Public Sector, Social Services & Corporate Staff	** Emailed to find out cost.
Parenting in Two Cultures	KW Counseling Services http://www.kwcounseling.com/parenting-in-two-cultures/	Phone: 519-884-0000 Ext 219	Multicultural Parenting in 15 Different Languages	**Emailed to find out cost (used general email found on site).
Cultural Diversity Training	Professional Development offered by Peterborough Partnership Council http://www.ppcii.ca/resources-newcomer-integration-toolkit/ (Below is actual pamphlet on training) http://ppcii.ca/wp-content/uploads/2010/02/NIT-brochure-2013.pdf	Phone: 705-743-0882 Email: info@ppcii.ca	Modules available: ✓ Building Welcoming Communities – Advocating for Attraction & Retention of Newcomers (2hrs) ✓ Immigrant Friendly Workplace Policies (2hrs) ✓ Cross-Cultural Communication & Diversity Training (6hrs) ✓ Making Spaces & Services that are accessible to Newcomers (1hr)	Minimum of 5, Maximum of 15 2 days: \$900 1 day: \$450 ½ day: \$225
Cultural Diversity Training	Professional Development offered by Your Diversity at Work http://www.yourdiversityatwork.com/workshops/	Phone: Spoke with Evelina 519- 659-4777 Email: info@yourdiversityatwork.com	Workshops available: ✓ Encouraging and Nurturing Soft Skill Development in New Canadians: A Workshop for Managers ✓ Cross-Cultural Communication ✓ Implementing Diversity Into Your Strategic Plan ✓ Bias-Free Hiring Practices ✓ Cultural Sensitivity Training ✓ Multi-Cultural Marketing ✓ The Business Case for Diversity ✓ Marketing Products and Services to People with Disabilities ✓ The Ontarians with Disabilities Act and Your Small Business ✓ Managing a Diverse Workforce ✓ Train-the-Trainer Diversity Awareness	Cost is usually per person – approx. \$100-\$150 per person + approximately \$10 for each package/resources. Full-day session: \$3000 – this could change depending what you want to include in that session. You could take the \$3000 and break it into 2 half-day sessions (less than 30 people), if that session is in one full-day (24-hour period).
Intercultural Competency Training Program	http://www.lcclc.org/	Phone: 519-432-1133 Email: mccook@lcclc.org (Marilyn Cook)	4 Separate Programs: 1) Fundamentals of Intercultural Competencies (Full-Day) 2) Systemic Discrimination: Hiring & Promotion (Half-Day) 3) Power Dynamics: Racism & Vulnerable Groups (Half-Day) 4) Intercultural Communications and Best Practices (Half-Day)	Workshop 1 : \$295/pp + HST Workshops 2-4: \$195/pp + HST *I have emailed Marilyn to find out if a group rate exists and whether or not this program is mobile.

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<p>Cultural Awareness Training</p>	<p>Barrie Area Native Advisory Circle http://www.banac.on.ca/index.html</p>	<p>Phone: 705- 734-1818 Email: admin@banac.on.ca ed@banac.on.ca</p>	<p>4 Modules:</p> <p>Module One: In the Beginning This module focuses on life and life styles prior to contact. Discussions will focus on creation stories, history, and how these have influenced the lifestyles of the Original People.</p> <p>Module Two: Contact Many changes have influenced history since contact between North and South American People and Europeans occurred. Discussions will focus on how these events have affected relationships over time.</p> <p>Module Three: Confusion More recent history has influenced many of the current events First Nations, Métis, and Inuit People have dealt with in recent generations. The impact of these events continues to be felt in contemporary relationships.</p> <p>Module Four: Healing of a Nation This module explores the prophecies of the Original Peoples and how they are unfolding. Discussions will focus on healing and the road to the future.</p>	<p>**Please contact</p>

RESOURCES				
Name	Type of Resource & Link	Date	Created by	Intended For / What is it?
Embracing Cultural Competency in the Mental Health and Addiction System	Paper http://www.ofcmhap.on.ca/sites/ofcmhap.on.ca/files/CulturalCompetwC%20(4).pdf	June 2009	Ontario Federation of Community Mental Health & Addictions Programs	<ul style="list-style-type: none"> ✓ Addictions & Mental Health Organizations ✓ LHINS ✓ Ministry of Health and Long Term Care ✓ Ministry of Community and Social Services ✓ United Way ✓ Ontario Trillium Foundation
Journey to Promote Mental Health	Paper http://www.hongfook.ca/index.php?option=com_content&view=article&id=125	April 2012	OCASI & Hong Fook Mental Health Association	<ul style="list-style-type: none"> ✓ Community Service Workers
Let's Talk: An Interpretation Tool-Kit for Service Providers Working with Immigrants in Ontario	Tool-Kit http://wiki.settlementatwork.org/wiki/Let's_talk	Unsure	Funded by Citizenship and Immigration Canada	<ul style="list-style-type: none"> ✓ Anyone looking to build the business case for translation and interpretation.
Caring for Kids New to Canada: A Guide for Health Professionals Working with Immigrant and Refugee Children and Youth	Website of Resources http://www.kidsnewtocanada.ca/	On-Going Updates to Materials	Canadian Paediatric Society	<p>Variety of Tools and Resources:</p> <ul style="list-style-type: none"> ✓ Adaptation and Acculturation ✓ Cultural Competency ✓ Cultural Competency Tools and Resources ✓ How Culture Influences Health
Welcome Here: Links for Immigrant Families and Those Who Work with Them	Website of Resources, Tool-Kits, Documents and Info http://www.welcomehere.ca/index.cfm?fuseaction=pape.viewPage&pageID=937&nodeID=13	On-Going Updates to Materials	Canadian Association of Family Resource Programs	<ul style="list-style-type: none"> ✓ Why Play? (available in 11 different languages) ✓ Multi-Lingual Parenting Info (available in 14 different languages) ✓ Perspectives in Family Support: Welcoming Immigrant Families into Communities ✓ Welcome Posters and Brochures ✓ Multilingual Resources, Books and Toys
Multilingual Resources for Childcare providers	Website – Multilingual resources http://www.welcomehere.ca/index.cfm?fuseaction=Pape.ViewPage&pageId=1113	On-Going Updates to Materials	Canadian Association of Family Resource Programs	<ul style="list-style-type: none"> ✓ Multilingual Parenting Resource Sheets (available in 16 different languages) ✓ Attachment Across Cultures (8) ✓ Children's Songs, Rhymes, Videos (15) ✓ Pre-School Speech and Language (6) ✓ Variety of Health and Educational Resources
Ontario Early Years Centres	Ministry Site – Translated Materials http://www.children.gov.on.ca/htdocs/English/topics/earlychildhood/oeyc/library/index.aspx	On-Going Updates to Materials	Ministry of Children and Youth Services	<ul style="list-style-type: none"> ✓ Making a Difference (available in 21 different languages)
Cities of Migration: Showcases Good Ideas in Immigrant Integration & Promotes Innovative Practices that Create Inclusion & Urban Prosperity	Website of Resources http://citiesofmigration.ca/	On-Going Updates to Materials	A Maytree Idea	<ul style="list-style-type: none"> ✓ Work/Live/Learn/Connect/Plan ✓ Municipal Integration ✓ Welcoming Communities ✓ Best Practices
Cultural Competency: A Self-Assessment Guide for Human Service Organizations	Self-Assessment Guide http://www.calgary.ca/CSPS/CNS/Documents/fcss/cultural_competency_self_assesment_guide.pdf?noredirect=1	2000	Cultural Diversity Institute	<ul style="list-style-type: none"> ✓ Self-Assessment for Human Service Organizations
Board Diversity Training Tool-Kit	Tool-Kit http://www.pillarnonprofit.ca/documents/pillartoolkit-boarddiversity_05.pdf	2008	Pillar Non Profit Network	<ul style="list-style-type: none"> ✓ Tool-Kit for Boards

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Achieving Cultural Competence: A Diversity Tool-Kit for Residential Care Settings	Tool-Kit Ministry of Children & Youth Services (site): http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/achieving_cultural_competence.aspx Document: http://www.children.gov.on.ca/htdocs/English/documents/topics/specialneeds/residential/achieving_cultural_competence.pdf	2008	Ministry of Children and Youth Services	✓ Great Tool-Kit with a multitude of subjects