EARLY YEARS
MENTAL HEALTH

Early Years Mental Health services are available to families with children up to six (6) years of age who are experiencing significant social, emotional and behavioural difficulties. During a pre-screen/assessment period, our experienced counsellors meet with you to help identify services and supports that are best suited to your child’s and family’s needs. Services include consultations, in-home support and parenting programs, such as:

• The Incredible Years© parent group helps parents become more effective in dealing with their child’s behaviour by building on the strengths of both the parent and child. Dina Dinosaur School child group helps strengthen your child’s individual and social skills. These group programs last an average of 12 weeks.
• Intensive In-home Support helps your family decide what behavioural issues to work on and how to address them. Your family is fully involved in developing and carrying out the plan which focuses on your parent-child relationship and effective parenting techniques.
• Consultations, service co-ordination with other agencies, and support while you wait are also offered.

You may wish to consider this service if your child has challenges such as (but not limited to):
• Problems with age-appropriate play
• Poor self-control and social skills
• Defiance
• Aggression
• Bullying at home or at school

Who provides this service:
• New Path Youth and Family Services in partnership with Kinark Child and Family Services. Contact New Path Central Intake Dept. at 705-725-7656 or toll free at 1-866-566-7656
• Early Years Mental Health services are offered to French-speaking families by La Clé d’la Baie en Huronie. Call 705-725-9755 ext. 162

Where this service is provided:
• Consultations and Intensive In-Home Support can be provided in a variety of settings including your home, provider agency offices, and your child’s early learning environment.
• The Incredible Years© and Dina Dinosaur School are offered at New Path Youth and Family Services.

This service can be provided by French-speaking professionals and/or interpreters.