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The Simcoe County Early Intervention Services system provides young children with special needs and their families with a wide range of services and supports to help them develop to their fullest potential.

**OUR CHILDREN AND FAMILIES**

We support the early identification and treatment of infants and young children with special needs, or those who may be at risk of experiencing barriers to development, up to school entry, who live in Simcoe County.

- **Contact us if you have concerns about your child's:**
  - Feeding and nutrition
  - Ability to learn
  - Hearing
  - Mobility and movement
  - Speech/Language/Communication
  - Attention
  - Vision
  - Behaviour/Social/Emotional interaction
  - Play

**OUR SERVICES**

Your child and family have access to a comprehensive system of services and supports, including:

- Screening and assessments
- A range of therapy services
- Specialized clinical services
- Autism specific services
- Family support and counselling
- Behaviour management
- Psychological services
- Respite
- Subsidy/funding information
- Support for transition to school

- Services are free and funded through the County of Simcoe, Ministry of Education, Children’s Treatment Network, Ministry of Children and Youth Services, Ministry of Community and Social Services, Ministry of Health and Long-Term Care.
- French Language services may be available
- Practices may be adapted to meet the needs of First Nation Métis Inuit families.

**OUR SERVICE PROVIDERS**

Services are provided by Infant Development Workers, Resource Teachers/Early Intervention Workers, Therapists, Clinicians, Physicians and professionals from local hospitals, rehabilitation providers, community and social service agencies who work with children with special needs, including:

- Centre for Behavior Health Sciences, MacKenzie Health
- Catulpa Community Support Services
- Children’s Treatment Network
- Community Living Association for South Simcoe
- Community Living Huronia
- E3 Community Services
- Kerry’s Place Autism Services
- Kinark Child and Family Services
- New Path Youth and Family Services
- Orillia Soldiers’ Memorial Hospital
- Royal Victoria Regional Health Centre
- Simcoe Community Services
- Simcoe Muskoka District Health Unit
- Simcoe Muskoka Community Care Access Centre
HOW WE WORK TOGETHER WITH YOU - A FAMILY CENTRED, TEAM APPROACH

We work in close partnership with you and your family to assess and respond to concerns about your child’s development. Our goal is to work as a team to create an Individual Family Service Plan (IFSP) - or if your child has multiple special needs, a Single Plan of Care (SPOC) – that best meets your child’s unique needs.

What is an Individual Family Service Plan (IFSP) or a Single Plan of Care (SPOC)?

The IFSP or SPOC is an action plan focused on your visions, goals and priorities for your child and family. Through this plan, professionals work together with you to help your child progress through their preschool years and make a smooth and successful transition to school. Your IFSP or SPOC is reviewed as your child develops and is adjusted when new goals or strategies are needed or your circumstances change.

Our commitment is to give you all the information you need to make decisions about your child’s care and be an active member of your team.

Your plan outlines your goals and describes how the various service providers will work with you and your child to achieve them. It notes where services will be delivered – at home, in preschool or in an early learning setting. Some services may be ‘hands-on’, while others will be more consultative, aimed at training and supporting you and others who see your child regularly to work on specific tasks and activities.

What you can expect from your Individual Family Service Plan or Single Plan of Care:

- To be an active member of your child’s team
- To participate in developing meaningful goals and activities for your child and family
- To be informed and asked for consent to share your personal information with your team
- To be an active participant in your child’s plan and service delivery

Confidentiality – Who will see information about my child and family?

All information is held in strictest confidence and is shared with members of the team supporting your child and family only if you give consent. Anyone you consider to be part of your ‘support team’ can be included, such as Physicians, Childcare Workers, Therapists, or other family members.

If your child has multiple service providers to support his/her special needs, a shared electronic record through the Children’s Treatment Network will be opened. This allows all the different professionals working with your child to share information, co-ordinate services and monitor your child’s progress. This will reduce the need for you to tell your child’s story over and over again and allows your team to build on past progress and experience. The electronic record will support you and your child beyond preschool years through to transition to adult services. A staff member will review the privacy and consent package and assist you to complete Network Consent.

HOW TO CONTACT US:

For more information or to find out if Early Intervention services can help your child, contact:

<table>
<thead>
<tr>
<th>Area</th>
<th>Contact Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALLISTON</td>
<td>Community Living Association for South Simcoe</td>
<td>705-435-4792 ext. 288</td>
</tr>
<tr>
<td>BARRIE</td>
<td>Simcoe Community Services</td>
<td>705-726-9082 ext. 2235</td>
</tr>
<tr>
<td>BRADFORD</td>
<td>Simcoe Community Services</td>
<td>905-775-3039 ext. 225</td>
</tr>
<tr>
<td>COLLINGWOOD</td>
<td>E3 Community Services</td>
<td>705-445-6351 ext. 241</td>
</tr>
<tr>
<td>MIDLAND</td>
<td>Community Living Huronia</td>
<td>705-527-7022 ext. 327</td>
</tr>
<tr>
<td>ORILLIA</td>
<td>Catulpa Community Support Services</td>
<td>705-326-2214 ext. 0</td>
</tr>
<tr>
<td>COUNTY-WIDE</td>
<td>French Language Services Community Living Huronia</td>
<td>705-526-4253 Press 5</td>
</tr>
<tr>
<td>COUNTY-WIDE</td>
<td>Children’s Treatment Network</td>
<td>866-377-0286</td>
</tr>
</tbody>
</table>

January 2016
### AGENCIES AND PROVIDERS AT A GLANCE

The following service agencies and providers serve children and families in Simcoe County.

<table>
<thead>
<tr>
<th>EARLY INTERVENTION SERVICE</th>
<th>AGENCY / SERVICE PROVIDER</th>
<th>CONTACT INFORMATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infant Development Program</td>
<td>Simcoe Community Services</td>
<td>(705) 726-9082 Ext. 2292</td>
</tr>
<tr>
<td></td>
<td></td>
<td>simcoecommunityservices.ca</td>
</tr>
<tr>
<td>Preschool Resource Services</td>
<td>Alliston area: Community Living Association for South Simcoe</td>
<td>705-435-4792 Ext. 288</td>
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<tr>
<td></td>
<td>Barrie area: Simcoe Community Services</td>
<td>705-726-9082 Ext. 2235</td>
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<tr>
<td></td>
<td>Bradford area: Simcoe Community Services</td>
<td>705-726-9082 Ext. 2235</td>
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<tr>
<td></td>
<td>Collingwood area: E3 Community Services</td>
<td>705-445-6351 Ext. 241</td>
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<td></td>
<td>Midland area: Community Living Huronia</td>
<td>705-527-7022 Ext. 327</td>
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<td></td>
<td>Orillia area: Catulpa Community Support Services</td>
<td>705-326-2214 Ext. 0</td>
</tr>
<tr>
<td></td>
<td>County-wide: French Language Services - Community Living Huronia</td>
<td>705-526-4253 Press 5</td>
</tr>
<tr>
<td>Autism Specific Services</td>
<td>Centre for Behaviour Health Sciences, MacKenzie Health</td>
<td>705-728-9143</td>
</tr>
<tr>
<td></td>
<td>• Autism Consultation</td>
<td><a href="http://www.mackenizehealth.ca">www.mackenizehealth.ca</a></td>
</tr>
<tr>
<td></td>
<td>• Applied Behaviour Analysis</td>
<td>1-866-377-0286</td>
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<tr>
<td></td>
<td>• Intensive Behavioural Intervention</td>
<td>ctn-simcoeyork.ca</td>
</tr>
<tr>
<td></td>
<td>Children’s Treatment Network (ABA Intake)</td>
<td>705-713-6808</td>
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<td></td>
<td>Kerry’s Place Autism Services (Autism Consultation)</td>
<td>kerrysplace.org</td>
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<td></td>
<td>Kinark Central East Autism Program (IBI Intake)</td>
<td>1-888-454-6275</td>
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<td></td>
<td></td>
<td>kinark.on.ca</td>
</tr>
<tr>
<td>Behaviour Management</td>
<td>Centre for Behaviour Health Sciences, MacKenzie Health</td>
<td>705-728-9143</td>
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<td><a href="http://www.mackenizehealth.ca">www.mackenizehealth.ca</a></td>
</tr>
<tr>
<td>Early Years Mental Health</td>
<td>New Path Youth and Family Services (Intake)</td>
<td>705-725-7656 or 1-866-566-7656</td>
</tr>
<tr>
<td></td>
<td>Kinark Child and Family Services</td>
<td>newpath.ca</td>
</tr>
<tr>
<td></td>
<td>La Clé d’la Baie en Huronie (French)</td>
<td>kinark.on.ca</td>
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<td></td>
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<td>705-725-9755 Ext.162</td>
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<td></td>
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<td>lacle.ca</td>
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<tr>
<td>Feeding Services</td>
<td>Children’s Development Services, Royal Victoria Regional Health Centre</td>
<td>705-739-5696 or 1-800-675-1979</td>
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<tr>
<td></td>
<td>Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital</td>
<td>rvh.on.ca</td>
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<tr>
<td></td>
<td>Children’s Treatment Network</td>
<td>705-326-2214</td>
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<td></td>
<td></td>
<td>osmh.on.ca</td>
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<td></td>
<td></td>
<td>1-866-377-0286</td>
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<tr>
<td></td>
<td></td>
<td>ctn-simcoeyork.ca</td>
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<td>EARLY INTERVENTION SERVICE</td>
<td>AGENCY / SERVICE PROVIDER</td>
<td>CONTACT INFORMATION</td>
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<tr>
<td>Fetal Alcohol Spectrum Disorder (FASD) Initiative</td>
<td>A range of professionals throughout Simcoe County</td>
<td>705-733-3227 Ext. 2515 catulpa.on.ca</td>
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<tr>
<td></td>
<td>Catulpa Community Support Services</td>
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<tr>
<td>Nursing</td>
<td>Barrie, Collingwood, Midland, Orillia area: North Simcoe Muskoka Community Care Access Centre</td>
<td>705-721-8010 ccac-ont.ca</td>
</tr>
<tr>
<td></td>
<td>Alliston, Bradford area: Central Community Care Access Centre</td>
<td>1-888-470-2222 central.ccac-ont.ca</td>
</tr>
<tr>
<td>Occupational Therapy</td>
<td>Children’s Development Services, Royal Victoria Regional Health Centre</td>
<td>705-739-5696 or 1-800-675-1979 rvh.on.ca</td>
</tr>
<tr>
<td></td>
<td>Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital</td>
<td>705-326-2214 osmh.on.ca</td>
</tr>
<tr>
<td>Physiotherapy</td>
<td>Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital</td>
<td>705-326-2214 osmh.on.ca</td>
</tr>
<tr>
<td>Psychological Assessment</td>
<td>Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital</td>
<td>705-326-2214 osmh.on.ca</td>
</tr>
<tr>
<td>Respite Care</td>
<td>Orillia, Midland, Collingwood, Alliston area: Catulpa Community Services</td>
<td>705-733-3227 Ext. 2235 catulpa.on.ca</td>
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<td></td>
<td>Barrie, Bradford area: Simcoe Community Services</td>
<td>705-726-9082 Ext. 2259 simcoecommunityservices.ca</td>
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<tr>
<td>Speech and Language Program (Preschool)</td>
<td>Children’s Development Services, Royal Victoria Regional Health Centre</td>
<td>705-739-5696 or 1-800-675-1979 rvh.on.ca</td>
</tr>
<tr>
<td>Blind Low Vision Early Intervention Program</td>
<td>Children’s Development Services, Royal Victoria Regional Health Centre</td>
<td>705-739-5696 or 1-800-675-1979 rvh.on.ca</td>
</tr>
<tr>
<td>Infant Hearing Program</td>
<td>Children’s Development Services, Royal Victoria Regional Health Centre</td>
<td>705-739-5696 or 1-800-675-1979 rvh.on.ca</td>
</tr>
<tr>
<td>Social Work</td>
<td>Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital</td>
<td>705-326-2214 osmh.on.ca</td>
</tr>
<tr>
<td>Specialty Services</td>
<td>Children’s Treatment Network</td>
<td>1-866-377-0286 ctn-simcoeyork.ca</td>
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<tr>
<td>• Augmentative &amp; Alternative Communication</td>
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<td>• Developmental Assessment</td>
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<td>• Feeding Clinic</td>
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<td>• Joint Management</td>
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<tr>
<td>• Therapeutic Recreation</td>
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<td>• Seating and Mobility</td>
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Infant Development Program: Infant Development Workers, who are specialists in infant development and infant mental health, provide in-home services to families with children two (2) years of age or under who are concerned about any area of their infant’s development.

Preschool Resource Services: Resource Teachers help children from age 2 to school entry whose parents are concerned about their child’s physical, social, emotional or communication development. Resource Teachers support the licensed child care system including before and after school age programs. These specialists in early learning and child development help your child meet developmental milestones and build a solid foundation for success.

Autism Specific Services:

- Autism Consultation: Autism Consultants have in-depth knowledge of the challenges facing families and children diagnosed with Autism Spectrum Disorders. They are an expert source of information and help you link to the various services and supports available. They can also advise on strategies and work with you and your child to develop new skills that help you deal with specific situations and challenges.

- Applied Behaviour Analysis: Helps a broad range of children diagnosed with an Autism Spectrum Disorder develop skills in key areas and address behaviours that interfere with their functioning.

- Intensive Behavioural Intervention: An evidence-based treatment approach used to help children diagnosed with an Autism Spectrum Disorder (ASD). Central East Autism Program (CEAP) provides Intensive Behavioural Intervention to children who have been diagnosed as having an ASD and who function towards the severe end of the Autism spectrum.

Blind Low Vision Early Intervention Program: Supports infants and preschool children who are blind or have low vision, as diagnosed by an Ophthalmologist. The purpose of the program is to ensure that young children who are blind or have low vision and their families will have access to the services necessary to support their child’s healthy development in all areas.

Early Years Mental Health: Services are available to families with children up to six (6) years of age who are experiencing significant social, emotional and behavioural difficulties. During a pre-screen / assessment period, our experienced counsellors meet with you to help identify services and supports that are best suited to your child’s and family’s needs. Services include consultations, in-home support and parenting programs.

Feeding Services: Includes assessment and treatment recommendations for children with feeding difficulties. Feeding assessments may be done by one or multiple team members including Speech-Language Pathologists, Occupational Therapists and/or Dieticians.

Fetal Alcohol Spectrum Disorder Initiative: Works with a range of service providers throughout the County, including those in the Early Intervention system, who support children and families affected by an alcohol related disorder. Your service provider will share information about the types of resources and services available.
Infant Hearing Program: Provides a range of services to infants and pre-school children including Universal Newborn Hearing Screening for all infants born in the region; specialized Infant Audiological Assessment services for babies requiring follow-up, based on newborn screening results; monitoring of high-risk infants for progressive hearing loss; ongoing Audiology and Communication Development Services for infants and preschool children diagnosed with Permanent Childhood Hearing Impairment; Family Support to provide assistance with issues related to the child’s hearing loss.

Nursing: For infants and children with complex medical needs who require nursing to live at home and reach their optimal level of health and independence. Nurses assist your family with caring for your child at home by assessing medical status, linking with Physicians and teaching your family specific care routines.

Occupational Therapy: Looks at how a child plays, explores, learns and interacts. Occupational Therapists help a child and their family develop the skills needed to successfully participate in their day-to-day activities, at home and in the community.

Physiotherapy: Looks at your child’s motor development (sitting, crawling, walking, and jumping) as well as the quality of their movements during play. A Physiotherapist works with your child and family to teach new skills that may be needed to improve your child’s movement.

Preschool Speech and Language Program: Speech-Language Pathology looks at how a child plays, communicates and interacts within daily routines and activities at home and in the community. The program helps a child and their family develop the skills needed to promote communication and emergent literacy development.

Psychological Assessment: Assessment and diagnosis for children - up to school entry or age five (5) - with developmental challenges. Children are referred to psychological services due to concerns with the child’s cognitive development (thinking and learning). Concerns in other developmental areas including behaviour, social (interacting with others), attention and/or emotional (feelings) may also be explored.

Respite Care: A family support service that provides funding for temporary relief from the physical and emotional demands involved in caring for a family member who has a disability. Respite Care can be arranged in your family’s home, in your care provider’s home, or in a community setting.

Social Work – The role of the Social Worker is to provide short-term counselling for parents of children with special needs who are having trouble coping with their situation. Their goal is to promote and support the well being of you and your family.

Specialty Services:

- **Augmentative and Alternative Communication:** Supports children who are unable to communicate effectively through speech with the use of gestures, pictures, letters and words, communication boards or books and special devices and computer programs for talking.

- **Developmental Assessment:** Assessments and consultations for children with complex physical, developmental and behavioural issues who need to obtain a diagnosis and/or need short-term medical management for their condition.

- **Feeding Clinic:** Assessment and treatment for children with significant feeding and swallowing difficulties that result in poor growth and nutrition.

- **Therapeutic Recreation:** The goal of Therapeutic Recreation is to work with various services and families to support the availability of appropriate recreation and leisure activities so children of all abilities can participate fully.

- **Joint Management:** Treatment and orthotic devices for children with Cerebral Palsy and other medical conditions that affect the functioning of their muscles and joints.

- **Seating & Mobility:** Services for children with long-term physical disabilities include the assessment and prescription of seating devices, wheelchairs and other mobility devices like walkers and standers, to provide comfort and to maximize your child’s activity and participation levels at home, in pre-school and at play.
The Simcoe County Infant Development Program provides in-home services to families with infants and young children from birth to 2 years of age.

If you are concerned about any area of your infant’s development, an Infant Development Worker will come to your home and speak with you about your family’s concerns. As specialists in infant development and infant mental health, they will work closely with you to:

- Identify your child’s and family’s needs
- Help you develop an Individual Family Service Plan/Single Plan of Care that is focused on your goals and includes specific activities that address your child’s developmental needs.
- Help you link and connect to any assessments, specialized therapy services or programs that you may need from across the Early Intervention services system.
- Co-ordinate services needed so that there is a team approach to your child’s care.
- Make age-appropriate activity suggestions.
- Help you access funding or special subsidies that may be available.
- Connect you with local parent support groups and parent education opportunities.
- Help you transition to Preschool Resource Services (for children age two (2) to school entry), if needed.

**What you need to obtain this service:**
Families are encouraged to contact the Simcoe County Infant Development Program directly at:

- Simcoe Community Services (Barrie Main Office) 705-726-9082 ext. 2292

Satellite offices are located in:

- Alliston 705-726-9082 ext. 2283
- Bradford 905-775-3039 ext. 223
- Collingwood 705-446-0816 ext. 246
- Midland 705-528-6993
- Orillia 705-327-5391 Ext. 3269

**Where is this service provided:**
- In your home

This service can be provided by French speaking professionals and/or interpreters.
Resource Teachers help children – age two (2) to school entry – whose parents are concerned about their child’s physical, social, emotional, or communication development. Staff are specialists in early learning and child development. Their goal is to help your child meet developmental milestones and build a solid foundation for success. They will work closely with you to:

- Identify your child’s needs.
- Help you develop an Individual Family Service Plan/Single Plan of Care that is focused on your goals and includes specific activities that address your child’s developmental needs.
- Help you link and connect to the therapies, services and supports you need from across the Early Intervention services system.
- Co-ordinate efforts with all of the service providers supporting your child so that there is a team approach to your child’s care.
- Help you access any available funding or special subsidies.
- Create detailed action plans for your child’s successful transition to school.

You should consider this service if you, your doctor, childcare provider or a family member has expressed concern about your child’s development in any of these areas:

- Ability to learn
- Attention
- Behaviour/Social/Emotional interaction
- Feeding and nutrition
- Hearing
- Speech and communication
- Mobility and movement
- Play
- Vision

What you need to do to obtain this service:
Parents can call the nearest agency providing this service directly (see Who provides this service below).

Where this service is provided:
Services can be delivered in a range of settings and locations including:

- Your home
- Your child’s early learning environment (childcare, preschool or Early Years Centre)
- Offices of agencies providing this service

Who provides this service:
There are five agencies providing Preschool Resource Services in local communities across Simcoe County. They include:

<table>
<thead>
<tr>
<th>Area</th>
<th>Service Provider</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALLISTON</td>
<td>Community Living Association for South Simcoe</td>
<td>705-435-4792 Ext. 288</td>
</tr>
<tr>
<td>BARRIE</td>
<td>Simcoe Community Services</td>
<td>705-726-9082 Ext. 2235</td>
</tr>
<tr>
<td>BRADFORD</td>
<td>Simcoe Community Services</td>
<td>905-775-3039 Ext. 225</td>
</tr>
<tr>
<td>COLLINGWOOD</td>
<td>E3 Community Services, Inc.</td>
<td>705-445-6351 Ext. 241</td>
</tr>
<tr>
<td>MIDLAND</td>
<td>Community Living Huronia</td>
<td>705-527-7022 Ext. 327</td>
</tr>
<tr>
<td>ORILLIA</td>
<td>Catulpa Community Support Services</td>
<td>705-326-2214 Ext. 0</td>
</tr>
<tr>
<td>COUNTY-WIDE</td>
<td>French Language Services - Community Living Huronia</td>
<td>705-526-4253 press 5</td>
</tr>
</tbody>
</table>

This service can be provided by French-speaking professionals and/or interpreters.
AUTISM SPECIFIC SERVICES

Autism Consultation

Autism Consultants have in-depth knowledge of the challenges facing families and children diagnosed with Autism Spectrum Disorders. They are also an expert source of information and can help families link to the various services and supports available.

An Autism Consultant can meet with your child and family to help you identify and connect with programs, services, educational workshops and parent supports that are best suited to your individual needs. They can also advise on strategies and work with you and your child to develop new skills that help you deal with specific situations and challenges.

This service could be considered by families who:

- Would like support to understand and navigate through the various Autism resources.
- Would like support to develop and implement strategies to work with their child.

What you need to do to obtain this service:

- Families can call Kerry’s Place Autism Services directly to access this service at 905-713-6808 Ext. 350 or a member of your Early Intervention team can assist you.
- You will need written confirmation of your child’s ASD diagnosis - Autism Disorder

Where this service is provided:

An Autism Consultant can meet with your child and family in a range of settings and locations including:

- Your home
- Midland, Barrie, Collingwood and Alliston areas: Children’s Treatment Network Local Sites in Simcoe. For locations visit ctn-simcoeyork.ca.
- Orillia areas: New Path Youth and Family Services
- Bradford area: Kerry’s Place, Aurora
- At a pre-determined site in your community, often called a “Family Resource Day”
Applied Behaviour Analysis-based Services and Supports

Applied Behavioural Analysis (ABA) provides a behaviour-based approach to help a broad range of children diagnosed with an Autism Spectrum Disorder develop skills in key areas and address behaviours that interfere with their functioning. Parents and caregivers are also taught how to apply ABA strategies so they can help their children learn, maintain and use these new skills in their daily life.

ABA-based services and supports can help your child develop skills in the following areas:

- Behaviour management/emotional regulation
- Communication
- Social/interpersonal
- Daily living

You may wish to consider ABA services if your child:

- Has been diagnosed with an Autism Spectrum Disorder, including Autism, Asperger’s, Pervasive Developmental Disorder- Not Otherwise Specified (PDD-NOS).
- Is experiencing difficulties in any or all of the skill development areas listed above.

Who provides this service:

- Children’s Treatment Network (ABA Intake) 1-866-377-0286
- Kinark Child and Family Services (ABA Waitlist and Evaluation) kinark.on.ca
- Kerry’s Place Autism Services kerrysplace.org
- Centre for Behaviour Health Sciences, Mackenzie Health mackenziehealth.ca

Where this service is provided:

- Your home
- Children’s Treatment Network Local Sites in Simcoe. For locations visit ctn-simcoeyork.ca
- Your child’s early learning environment (childcare, preschool or Early Years Centre). For locations of Ontario Early Years Centres in Simcoe visit ontarioearlyyears.ca

This service can be provided by French-speaking professionals and/or interpreters.

You may wish to consider ABA services if your child:

- Parents/caregivers can apply for this service directly or a member of your Early Intervention team can assist you.
- To apply call Children’s Treatment Network at 1-866-377-0286 (toll free) or visit ctn-simcoeyork.ca, click on ABA Program for more detailed information and to print off the Intake Form.
- You will need written confirmation of your child’s ASD diagnosis (Autism/Autistic from any of the following qualified professionals):
  - Family Physician
  - Pediatrician
  - Psychiatrist
  - Psychologist
  - Psychological Associate
Intensive Behavioural Intervention

Intensive Behavioural Intervention (IBI) is an evidence-based treatment approach used to help children diagnosed with an Autism Spectrum Disorder. IBI is:

• A treatment method within the field of Applied Behaviour Analysis.
• Intensive, direct instruction delivered by a trained therapist, usually on a one-to-one or small group basis depending on child’s clinical needs.
• Programming is individualized and focuses on the core skills needed to learn in the areas of cognitive/intelligence, language, and social development.
• Involves extensive parent training and support so that parents can continue to maintain their child’s learned skills.
• Involves regular assessment of progress through analysis of daily IBI data.

Central East Autism Program (CEAP) provides Intensive Behavioural Intervention (IBI) to children who have been diagnosed as having an ASD and who function towards the severe end of the Autism spectrum. For further information about the eligibility criteria, please refer to the Ministry of Children and Youth Services Guidelines. MCYS AIP Guidelines.

What you need to do to obtain this service:

• Parents can call Kinark Child and Family Services Central Intake/Information Line directly at 1-888-454-6275.
• You will need to have a confirmed or suspected ASD diagnosis from a Physician or Psychologist (Autism/Autism Disorder).
• You will need to bring your child to CEAP to have a clinical assessment to confirm eligibility for the IBI program.

Who provides this service:

• Kinark Child and Family Services (Central Intake/Information) 1-888-454-6275
• Centre for Behaviour Health Sciences, Mackenzie health mackenziehealth.ca

Where this service is provided:

Services can be delivered in a range of settings and locations based on clinical recommendations including:

• Your home
• IBI Centres located across Simcoe County

This service can be provided by French-speaking professionals and/or interpreters.
BEHAVIOUR MANAGEMENT SERVICES

This program provides a range of behavioural services to children who have a developmental disability with a significant cognitive delay and their families.

Services include:

• Assessment of problem behaviour
• Treatment recommendations and implementation training

Services are determined following an evaluation of your child’s and family’s needs and can be provided on an individual basis or as part of group supports. Behaviour Intervention is provided through a comprehensive assessment process followed by positive-based teaching and programming.

Full ranges of challenging behavioural needs are addressed and include, but are not limited to:

• General management of challenging behaviour
• Self-injurious behaviour
• Aggression
• Skill promotion
• Teaching and education for care providers

What you need to do to obtain this service:

• Parents can call Centre for Behaviour Health Sciences directly for a referral package (see Who Provides This Service below) or you can speak to a member of your Early Intervention team for assistance.
• An intake meeting will be scheduled with you as soon as the written referral package is completed and returned.

Who provides this service:

• Centre for Behaviour Health Sciences, Mackenzie Health
  705-728-9143

Where this service is provided:

Services can be provided in a wide range of settings in order to best meet your needs, including:

• Your home
• Your child’s early learning environment (childcare, preschool)
• Alternate living environment (group home)
• Centre for Behaviour Health Sciences when appropriate
This program supports infants and preschool children who are blind or have low vision, as diagnosed by an Ophthalmologist. The purpose of the program is to ensure that young children who are blind or have low vision and their families will have access to the services necessary to support their child’s healthy development in all areas.

Services include child assessment, child and family intervention services and childcare consultation provided by an Early Childhood Vision Consultant (ECVC). The ECVC is specifically trained in blindness and low vision and its impact on child development. The ECVC assists families and childcare providers to implement strategies that support the child’s development. Family Support services are provided by a Family Support Worker who offers assistance with issues related to the child’s vision loss.

You may wish to consider this program:

- If your child is diagnosed as blind or low vision or if you need assistance to obtain a formal diagnosis.

Where this service is provided:

Services are located in your local community and can be provided in a variety of settings including your family home.

What you need to do to obtain this service:

- Speak to a member of your Early Intervention team or call Royal Victoria Regional Health Centre’s Children’s Development Services directly (see Who Provides This Service below).
- Referral to the program can be made while awaiting a diagnosis. The program can assist you in accessing the services to obtain a diagnosis.

Who provides this service:

- Intake: Children’s Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979
EARLY YEARS
MENTAL HEALTH

Early Years Mental Health services are available to families with children up to six (6) years of age who are experiencing significant social, emotional and behavioural difficulties. During a pre-screen/assessment period, our experienced counsellors meet with you to help identify services and supports that are best suited to your child’s and family’s needs. Services include consultations, in-home support and parenting programs, such as:

- The Incredible Years© parent group helps parents become more effective in dealing with their child’s behaviour by building on the strengths of both the parent and child. Group Dinosaur Treatment Program child group helps strengthen your child’s individual and social skills. These group programs last an average of 14 weeks.
- Intensive In-home Support helps your family decide what behavioural issues to work on and how to address them. Your family is fully involved in developing and carrying out the plan which focuses on your parent-child relationship and effective parenting techniques.
- Consultations, service co-ordination with other agencies, and support while you wait are also offered.

What you need to obtain this service:
Parents can call New Path Youth & Family Services or speak to a member of your Early Intervention team for assistance.

To be eligible for Early Years Mental Health services the following criteria are required:

- Your child must be under six (6) years old when you contact us.
- Pre-treatment screening must indicate social-emotional behaviour problems.
- There must be at least one adult caregiver willing to participate in the program.

You may wish to consider this service if your child has challenges such as (but not limited to):

- Problems with age-appropriate play
- Poor self-control and social skills
- Defiance
- Aggression
- Bullying at home or at school

Who provides this service:

- New Path Youth and Family Services. Contact New Path Central Intake Dept. at 705-725-7656 or toll free at 1-866-566-7656
- Early Years Mental Health services are offered to French-speaking families by La Clé d’la Baie en Huronie. Call 705-725-9755 ext. 162

Where this service is provided:

- Consultations and Intensive In-Home Support can be provided in a variety of settings including your home, provider agency offices, and your child’s early learning environment.
- The Incredible Years© and Group Dinosaur Treatment Program are offered at New Path Youth and Family Services.

This service can be provided by French-speaking professionals and/or interpreters.
Feeding services include assessment and treatment recommendations for children with feeding difficulties. Feeding assessments may be done by one or multiple team members including Speech-Language Pathologists, Occupational Therapists and/or Dieticians.

**NOTE:** This is not an emergency service. You should see your Physician or local hospital emergency department if your child’s life is at risk.

**Feeding services may be appropriate if your child:**

- Experiences frequent gagging during eating
- Is having difficulty transitioning from non-oral to oral feeding.
- Accepts only a very limited number of foods.
- Is not growing as expected or has poor nutritional intake.
- Has a medical condition that may affect feeding, growth or nutrition.

**What you need to do to obtain this service:**

Speak to a member of your Early Intervention team. If you do not have a Physician or Early Intervention provider, please call Children’s Treatment Network at 1-866-377-0286 for assistance.

**Where this service is provided:**

Depending on the needs of the child, services may be delivered in a variety of locations including:

- Your home
- Royal Victoria Regional Health Centre
- Child Development Services, Orillia Soldiers’ Memorial Hospital
- Children’s Treatment Network Local Sites in Simcoe. For locations visit ctn-simcoeyork.ca

**Who provides this service:**

- Children’s Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979
- Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital 705-326-2214
- Children’s Treatment Network 866-377-0286

This service can be provided by French-speaking professionals and/or interpreters.
**FETAL ALCOHOL SPECTRUM DISORDER INITIATIVE**

The Fetal Alcohol Spectrum Disorder (FASD) Initiative works with a range of service providers throughout the County, including those in the Early Intervention system, who support children and families affected by an alcohol-related disorder.

The goal is to ensure all of your service providers have access to information and culturally sensitive resources that may be helpful for your child and your family. Your service provider will share information about the types of resources and services available that could include:

- Preschool Fetal Alcohol Spectrum Disorder Diagnostic Multidisciplinary Assessments.
- Training, workshops and learning sessions for families, caregivers and professionals.
- Local parent support groups.
- Access to materials in the FASD Lending Library (e.g. DVDs, Books, Publications).
- Fetal Alcohol Spectrum Disorder Services

**This service may be helpful if you:**

- Need more information about Fetal Alcohol Spectrum Disorder.
- Would like to learn whether and/or how to refer your child for diagnostic assessment.
- Need to learn about resources and services that may benefit your child and family.

**What you need to do to obtain this service:**

- Speak to a member of your Early Intervention team. They can provide information about services and, where needed, they can assist you with referrals as many services will require a referral.
- If you are not yet connected with an Early Intervention provider, you may contact a representative of the FASD Initiative directly who can assist you by providing information.
  - Contact:
    - Catulpa Community Support Services
    - 705-733-3227

**Where this service is provided:**

Services are provided throughout local communities in a variety of settings that may include health care centres, clinicians’ offices, and community-based services.
INFANT HEARING PROGRAM

Simcoe Muskoka Perry Sound Infant Hearing Program

This program provides a range of services to infants and pre-school children including:

- Universal Newborn Hearing Screening for all infants born in the region
- Specialized Infant Audiological Assessment services for babies requiring follow-up, based on newborn screening results.
- Monitoring of high risk infants for progressive hearing loss.

The purpose of the program is to ensure that infants and children who have a hearing loss or those who are deaf will have access to the services necessary to support their child’s healthy development in all areas.

What you need to do to obtain this service:

- Most children will enter the program directly through the universal Infant Hearing Screening process completed at the time of their birth.
- Infants and preschoolers past the newborn screening age with newly identified risk factors for/or confirmed permanent hearing loss may be referred by their Physician or diagnosing Audiologist. Speak to your Physician or Audiologist to obtain a referral for services.

Where this service is provided:

- Universal Newborn Hearing Screening is provided within in Simcoe County, Muskoka and Parry Sound either at the infant’s birth hospital or at a screening clinic in their community
- Specialized Infant Audiological Assessment services for babies requiring follow-up, based on newborn screening results will be completed at a clinic in their community. Community clinics are located all throughout Simcoe County, Muskoka and Parry Sound.
- Audiology services are provided at the Royal Victoria Regional Health Centre.
- Family Support to provide assistance with issues related to the child’s hearing loss is offered at the Common Roof in Barrie.

How do you access this program?

- Intake: Children’s Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979

Communication Development Services are provided through Royal Victoria Regional Health Centre’s Children’s Development Services and the specific location is dependent on the intervention the child requires.
NURSING

Nursing services are provided to infants and children with complex medical needs who require nursing to live at home and reach their optimal level of health and independence. Nurses assist your family with caring for your child at home by assessing medical status, linking with Physicians and teaching your family specific care routines.

In home nursing services should be considered for children who require:

- Support with palliative care.
- Support to learn and use life-sustaining technology or equipment in the home.
- Frequent nursing assessment due to medical instability.

You may wish to consider this program:

- If you need assistance to obtain a formal diagnosis.

Where this service is provided:

In-home. Nursing services are not provided in daycare settings.

What you need to do to obtain this service:

- You will need a referral from your Physician for this service. Parents cannot apply for this service without a Physician’s referral.
- When your referral is received, a Client Care Co-ordinator will complete an assessment to determine your in-home nursing needs. They will also authorize and monitor your nursing service to ensure goals are met. Client Care Co-ordinators work directly with contracted nursing providers to carry out individualized plans of care.

Who provides this service:

- Barrie, Innisfil, Angus, Borden, Collingwood Midland, Orillia areas:
  - North Simcoe Muskoka Community Care Access Centre - 705-721-8010
- Bradford, Alliston areas:
  - Central Community Care Access Centre - 1-888-470-2222

This service can be provided by French-speaking professionals and/or interpreters.
OCCUPATIONAL THERAPY

Occupational Therapy (OT) looks at how a child plays, explores, learns, and interacts in order to successfully participate in their day-to-day activities.

An Occupational Therapist helps a child and his/her family develop the skills needed so that activities are easier at home and in the community. As part of your child and family team, an Occupational Therapist will help to develop strategies that can be easily included in your daily routine.

Occupational Therapy Services could be considered if your child has difficulties in any of the following areas:

- **Play**: The ability to play appropriately with toys and with others.
- **Self-Care**: The ability to dress, feed and manage toileting.
- **Motor**: The ability to use their hands and body to participate in activities such as cutting and drawing.
- **Self-Regulation**: The ability to be calm and alert in order to focus on activities and manage emotions appropriately.

What you need to obtain this service:
Speak to a member of your Early Intervention team or call the nearest agency providing this service directly (see Who provides this service).

Who provides this service:

- **Barrie, Bradford, Innisfil areas**:
  - Children’s Development Services, Royal Victoria Regional Health Centre, 705-739-5696 or 1-800-675-1979
- **Alliston, Angus, Borden, Collingwood, Midland, Orillia areas**:
  - Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital 705-326-2214

Where this service is provided:

- Services are located in your local community and can be provided in a variety of settings.
Physiotherapy (PT) looks at your child’s motor development (sitting, crawling, walking, and jumping) as well as the quality of their movements during play.

A Physiotherapist works with your child and family to teach new skills that may be needed to improve your child’s movement. This could include exercises, programs and/or specialized equipment that will help improve your child’s posture or mobility, at home and at play.

Physiotherapy services could be considered if your child has difficulties in any of the following areas:

- Slow at reaching typical motor milestones.
- Unusual tightness or loose muscles.
- Unusual movement patterns or unusual walking patterns.
- Difficulties with balance and co-ordination.

What you need to do to obtain this service:

Parents can call the agency providing this service directly (see Who provides this service below) or speak to a member of your Early Intervention team for assistance.

Where this service is provided:

Services are located in your local community and can be provided in a variety of settings including:

- Your home
- Child Development Services, Orillia Soldiers’ Memorial Hospital
- Your child’s early learning environment (childcare, preschool or Early Years Centre). For locations of Ontario Early Years Centres in Simcoe, visit ontarioearlyyears.ca.
- Children’s Treatment Network Local Sites in Simcoe. For locations, visit ctn-simcoeyork.ca

Who provides this service:

- Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital 705-326-2214

This service can be provided by French-speaking professionals and/or interpreters.
Speech-Language Pathology looks at how a child plays, communicates and interacts within daily routines and activities at home and in the community.

A Speech-Language Pathologist helps a child and their family develop the skills needed to promote communication and emergent literacy. As part of your child and family team, a Speech-Language Pathologist will help you develop strategies that can be easily included in your daily routine.

A Communicative Disorders Assistant (CDA) works under the supervision of a Speech-Language Pathologist. CDAs provide support based on goals set out by the SLP and the parents.

Following an assessment by the SLP, coaching sessions with a CDA may be recommended to address specific goals for a limited time.

Preschool Speech and Language services could be considered if your child has difficulties in any of the following areas:

- **Play**: The ability to play appropriately with toys and with others
- **Receptive and Expressive Language Skills**: The ability to understand what is said and express yourself with gestures, words and sentences
- **Social Skills**: The ability to interact with others
- **Speech Sound Development**: The ability to produce speech sounds so that they can be understood
- **Feeding**: The ability to manage age-appropriate foods

What you need to do to obtain this service:

- Speak to a member of your Early Intervention team or call the agency providing this service directly (see Who provides this service below)

Where this service is provided:

Services are located in your local community and can be provided in a variety of settings.

Who provides this service:

- Children’s Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979
- Satellite offices are located in Alliston, Barrie, Bradford, Collingwood, Midland and Orillia.

This service may be provided by French-speaking professionals and/or interpreters.
This service provides assessment and diagnosis for children - up to school entry or age five (5) - with developmental challenges. Children are referred to psychological services due to concerns with the child’s cognitive development (thinking and learning). Concerns in other developmental areas including behaviour, social (interacting with others), attention and/or emotional (feelings) may also be explored.

The assessment is conducted by a Psychological Associate. It takes from 2 to 3 hours to complete and includes one-on-one observation and work with your child, as well as a parent interview.

Basic feedback is provided on the assessment day. A written report that includes results and recommendations is made available to the family as well as to appropriate individuals/ agencies on the child and family’s team, with parental consent.

You may wish to consider this service if you have concerns related to (but not limited to) the following:

- The pace of your child’s development, even if your child is receiving services to support their development
- Behaviours that are affecting your child’s ability to participate in age-appropriate activities/programs (eg. Daycare)
- Your child’s ability to interact with others
- A medical diagnosis that may lead to cognitive concerns (eg. Down Syndrome)

Who provides this service:

- Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital 705-326-2214

Where this service is provided:

Assessments are generally conducted in clinical/therapy settings, including:

- Child Development Services, Orillia Soldiers’ Memorial Hospital
- Children’s Treatment Network Local Sites in Simcoe. For locations visit ctn.simcoeyork.ca

What you need to do to obtain this service:

Speak to a member of your Early Intervention team. If you do not have an Early Intervention provider, you can contact the following Early Intervention Services for assistance:

- If your child is under 2 years old, call the Infant Development Program – Simcoe Community Services at 705-726-9802 Ext. 2292
- If your child is 2 to 5 years old, call the Preschool Resource Service nearest to your home:
  - ALLISTON area: Community Living Association for South Simcoe 705-435-4792 Ext. 288
  - BARRIE area: Simcoe Community Services 705-726-9082 Ext. 2235
  - BRADFORD area: Simcoe Community Services 705-726-9082 Ext. 2235
  - COLLINGWOOD area: E3 Community Services, Inc. 705-445-6351 Ext. 241
  - MIDLAND area: Community Living Huronia 705-527-7022 Ext. 327
  - ORILLIA area: Catulpa Community Support Services 705-326-2214 Ext. 0
Respite Care is a family support service that provides funding for temporary relief from the physical and emotional demands involved in caring for a family member who has a disability. Respite Care creates greater opportunities for all family members to live actively and participate in community activities and allows parents/guardians time for themselves.

Respite Care can be arranged in your family’s home, in your care provider’s home, or in a community setting. Funding may be used to select someone you know to provide respite care or you may select a CHAP worker from the respite services registry. CHAP stands for Community Helpers for Active Participation. Funding may also be used toward paying registration or participation fees for a recreation program for your child including camp.

Who may receive this service:

- Parents, guardians and caregivers who care for children with developmental or physical disabilities can apply for respite funding.

What you need to do to obtain this service:

- You may apply online or call a Respite Care resource worker for assistance.
- To Apply Online:
  - Visit respiteservices.com. Go to Simcoe and click on ‘Family Registration’. Within this website you may also search for a suitable CHAP worker by accessing the CHAP Program Classified Ads
  - For assistance with the application process call:
    - Orillia, Midland, Collingwood, Alliston areas:
      - Catulpa Community Support Services
      - 705-733-3227 ext. 2235
    - Barrie and Bradford areas:
      - Simcoe Community Services
      - 705-726-9082 ext. 2259

Where this service is provided:

Funding can be used for Respite Care services that are delivered in a range of settings and locations including:

- Your family home
- The CHAP worker’s home
- Community settings

This service can be provided by French-speaking professionals and/or interpreters.
The role of the Social Worker is to provide short-term counselling for parents of children with special needs who are having trouble coping with their situation. Their goal is to promote and support the well being of you and your family.

**NOTE:** This is not a crisis intervention service. If you are dealing with issues like family violence, emotional, physical or sexual abuse, substance abuse or severe mental health issues, please call the Mental Health Crisis Line at 1-888-893-8333.

**Who provides this service:**
- Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital 705-326-2214

**Where this service is provided:**
- In your home
- Child Development Services, Orillia Soldiers’ Memorial Hospital
- Children’s Treatment Network Local Sites in Simcoe. For locations, visit ctn-simcoeyork.ca

**You may wish to consider this service if you:**
- Are having difficulty coping
- Feel isolated
- Feel overwhelmed
- Have few social supports
- Experience high levels of stress
- Feel depressed or anxious

**What you need to obtain this service:**

Speak to a member of your Early Intervention team. If you do not have an Early Intervention provider, you can contact the following Early Intervention Services for assistance:

- **If your child is under 2 years old,** call the Infant Development Program – Simcoe Community Services at 705-726-9802 Ext. 2292
- **If your child is 2 to 6 years old,** call the Preschool Resource Service nearest to your home:
  - ALLISTON area: Community Living Association for South Simcoe 705-435-4792 Ext. 288
  - BARRIE area: Simcoe Community Services 705-726-9082 Ext. 2235
  - BRADFORD area: Simcoe Community Services 705-726-9082 Ext. 2235
  - COLLINGWOOD area: E3 Community Services, Inc. 705-445-6351 Ext. 241
  - MIDLAND area: Community Living Huronia 705-527-7022 Ext. 327
  - ORILLIA area: Catulpa Community Support Services 705-326-2214 Ext. 0

This service can be provided by French-speaking professionals and/or interpreters.
Augmentative and Alternative Communication

Augmentative and Alternative Communication (AAC) services support children who are unable to communicate effectively through speech. Examples of AAC include the use of gestures, pictures, letters, and words as well as communication boards or books, and special devices and computer programs for talking.

**AAC could be considered for any aged child who:**

- Is unable to communicate using speech. This problem can be temporary or permanent.
- Has speech that is not understood by most people.
- Is not able to speak enough to meet all his/her communication needs.

**Where this service is provided:**

Services can be provided in a variety of settings and locations in your local community including:

- Children’s Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979
- Children’s Treatment Network 1-866-377-0286

**Who provides this service:**

- Your home
- Your child’s early learning environment (childcare, preschool or Early Years Centre). For locations of Ontario Early Years Centres in Simcoe, visit ontarioearlyyears.ca
- Children’s Treatment Network Local Sites in Simcoe. For locations, visit ctn-simcoeyork.ca

This service can be provided by French-speaking professionals and/or interpreters.

**What you need to do to obtain this service:**

Parents can speak to a member of their Early Intervention team for assistance.
Developmental Assessment

Developmental Assessments and consultations support children with complex physical, developmental and behavioural issues who need to obtain a diagnosis and/or need short-term medical management for their condition. There are three components to this service:

- Autism Diagnostic Assessments
- Neurodevelopmental and Neuroatypical Behavioural Assessments
- Medical Consultation and short-term Medical Management for children with multiple complex medical, developmental, mental health and/or physical concerns

The team of professionals providing these services could include a:
- Pediatrician
- Developmental Pediatrician
- Speech-Language Pathologist
- Psychologist

A developmental assessment could be considered if:
- You suspect your child may have an Autism Spectrum Disorder
- Members of your Early Intervention team or your Pediatrician have been unable to provide a diagnosis for your child
- Your child has complex behaviours along with developmental delays
- Your child has a complex medical condition that may be contributing to the delays and behavior
- Your child needs additional support for medical management of these complex needs

What you need to do to obtain this service:
- Speak to a member of your Early Intervention team and your Physician. If you do not have a Physician or an Early Intervention provider, please call Children’s Treatment Network at 1-866-377-0286 for more information and assistance
- A Physician referral will be required to access Developmental Assessment services

Who provides this service:
- Children’s Treatment Network 1-866-377-0286
- Children’s Development Services, Royal Victoria Regional Health Centre (Autism Diagnostic testing) 705-739-5696 or 1-800-675-1979

Where this service is provided:
- Children’s Treatment Network Local Sites in Simcoe. For locations, visit ctn-simcoeyork.ca
- Children’s Development Services, Royal Victoria Regional Health Centre
- Child Development Services, Orillia Soldiers’ Memorial Hospital

This service can be provided by French-speaking professionals and/or interpreters.
Feeding Clinic

The Feeding Clinic provides assessment and treatment recommendations for children with significant feeding, swallowing and nutritional difficulties. A Physician referral is required to access this service. The feeding assessment is done by a team that may include a Speech-Language Pathologist, Occupational Therapist, and/or Dietician. Where appropriate, the assessment may include a videofluoroscopic swallow study that is conducted in the diagnostic imaging department of Royal Victoria Regional Health Centre.

NOTE: This is not an emergency service. You should see your Physician or local hospital emergency department if a child’s life is at risk.

The Feeding Clinic should be considered if your child has:

- Suspected aspiration due to history of recurrent pneumonia or chest infections
- Difficulty swallowing as a result of a sudden change in medical status
- Sudden refusal of all previously accepted foods putting the child at risk for dehydration or weight loss
- Re-establishing oral feeding after a recent hospitalization (i.e., less than a month ago)
- Nutrition and growth concerns and has a motor or neurological involvement
- Difficulties meeting nutritional needs and is younger than 12 months of age
- Growth less than expected as assessed by a Physician

What you need to do to obtain this service:

- Speak to a member of your Early Intervention team and your Physician. If you do not have a physician or Early Intervention provider, please call Children’s Treatment Network at 1-866-377-0286 for information and assistance
- A Physician referral will be required to access the Feeding Clinic

Who provides this service:

- Children’s Development Services, Royal Victoria Regional Health Centre
  705-739-5696 or 1-800-675-1979
- Children’s Treatment Network
  1-866-377-0286

Where this service is provided:

- Royal Victoria Regional Health Centre

This service can be provided by French-speaking professionals and/or interpreters.
Therapeutic Recreation

All children and youth deserve to have fun! Participating in recreation and leisure activities such as adapted sports, community activities and social gatherings are important to your child or youth’s physical, emotional, social and cognitive development and overall quality of life. The Therapeutic Recreationist works with various services and families to support the availability of appropriate recreation and leisure activities.

Working in Simcoe County and York Region, the Recreation Therapist consults with local municipalities, agencies and recreation programs to increase the accessibility of recreation programming for children and youth with multiple special needs. The therapist also works closely with child and family teams to increase their knowledge and enable children of all abilities to participate in recreation and leisure activities that are important to them. With a focus on building partnerships with a wide variety of community and municipal organizations the therapist helps address barriers families, children and youth face in accessing recreation for their children, creating and adapting community programs, providing support for inclusive environments when appropriate and increasing community awareness of recreation options available for children and youth with special needs.

For assistance in finding a recreational or leisure activity to meet your child’s interests and needs, as well as additional funding for recreation, please visit the CTN website to view a full list of programs available throughout Simcoe and York. www.ctnsy.ca.

You can also refer to your local municipal recreation guide for more details about adapted and accessible programming and support options.

For programs that are looking to accommodate for children with special needs and need further support in education, adaptations, inclusion, etc., we are pleased to offer any assistance. Please contact Kelly Lapham, Recreation Therapist at klapham@ctnsy.ca.

Benefits of Recreation:

• Improve physical health
• Improve mental health
• Improve emotional health
• Helps develop positive sense of self
• Assist with therapy goals (e.g. physical activity, social skills, communication, etc.) in a fun environment!
• Improve social skills
• Increases sense of accomplishment
• Increases independence and life satisfaction
SPECIALTY SERVICES

Joint Management

Joint Management helps children with Cerebral Palsy and other medical conditions that affect the functioning of their muscles and joints. This service involves Orthotic Devices (orthotics and splints, serial casting) or medical interventions (Botox®/Baclofen pump) that help align, support or correct a child’s limbs or trunk. These devices and medical treatments can be used to decrease pain, provide the affected area with better range of motion and improve the child’s physical function.

Orthotic Devices: Physiotherapists and Occupational Therapists will work with local Orthotists to ensure that the most appropriate splint or orthotic device is prescribed to improve the support and alignment of the ankle and foot. Your Physiotherapist and Occupational Therapist can guide you to Orthotists located near you.

Botox® / Baclofen: Service starts with a comprehensive physical assessment to determine appropriateness of Botox® injections or use of a Baclofen pump. The need for casting, splinting, home stretches, positioning and follow-up therapy may be discussed following treatment. This team of professionals may include:

- Developmental Paediatrician
- Physiotherapist
- Occupational Therapist
- Occupational Therapy Assistant
- Physiotherapy Assistant
- Local Orthotists

Who provides this service:
- Children’s Development Services, Royal Victoria Regional Health Centre 705-139-5696 or 1-800-675-1979
- Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital 705-326-2214
- Children’s Treatment Network (Botox® / Baclofen service) 1-866-377-0286
- Developmental Paediatrician
- Physiotherapist
- Occupational Therapist

What you need to do to obtain this service:
- Speak to your Physiotherapist, Occupational Therapist or Physician. If you do not have a Physiotherapist, Occupational Therapist or Physician, please contact Children’s Treatment Network at 1-866-377-0286 for information and assistance
- A Physician referral will be required for Botox®/Baclofen services

Joint management services could be considered when there is concern about:
- Floppy muscles
- Muscle stiffness
- Pain
- Loss of range of motion
- Hip migration or subluxation
- Shape or angle of direction of the joints of the leg (in-toeing or toe-walking)
- Care giving issues

Where this service is provided:
Services are generally delivered in clinical settings including:

- Splinting
  - Royal Victoria Regional Health Centre
  - Child Development Services, Orillia Soldiers’ Memorial Hospital
  - Children’s Treatment Network Local Sites in Simcoe. See ctn-simcoeyork.ca

- Orthotics
  - Orthotic offices
  - Child Development Services, Orillia Soldiers’ Memorial Hospital
  - Children’s Treatment Network Alliston Local Site
  - Southlake Regional Health Centre

- Botox®/Baclofen
  - Child Development Services, Orillia Soldiers’ Memorial Hospital

This service can be provided by French-speaking professionals and/or interpreters.
Seating and Mobility

Seating and Mobility services are for children with long-term physical disabilities. These services include the assessment and prescription of seating devices, wheelchairs and other mobility devices like walkers and standers, to provide comfort and to maximize your child’s activity and participation levels at home, in pre-school and at play.

Services for the assessment and fitting of specialized equipment are free. However, there are costs associated with the purchase of seating and mobility devices. Most equipment is eligible for subsidized funding through the Assistive Devices Program of the Ministry of Health and Long-Term Care. For more information on this funding support visit www.health.gov.on.ca/english/public/program/adp/adp_mn.html.

Seating and Mobility services could be considered if your child:

- Needs a mobility device to exit your home
- Is unable to be independently mobile
- Needs a device to assist him/her with walking or standing

Where this service is provided:

Your child’s mobility needs are assessed in settings where they live and play, including:

- Your home
- Your child’s early learning environment (childcare, preschool or Early Years Centre).
  For locations of Ontario Early Years Centres in Simcoe visit ontarioearlyyears.ca
- Children’s Treatment Network Local Sites in Simcoe. For locations visit: ctn-simcoeyork.ca

What you need to do to obtain this service:

- Speak to your Physiotherapist or Occupational Therapist
- If you do not have a Physiotherapist or Occupational Therapist, please contact Children’s Treatment Network at 1-866-377-0286 for information and assistance

Who provides this service:

| Barrie, Bradford, Innisfil areas: | Children’s Development Services, Royal Victoria Regional Health Centre | 705-739-5696 or 1-800-675-1979 |
| Alliston, Angus, Barrie, Borden, Bradford, Collingwood, Innisfil, Midland, Orillia areas: | Children’s Therapy Services, Orillia Soldiers’ Memorial Hospital | 705-326-2214 |
| | Children’s Treatment Network | 1-866-377-0286 |

This service may be provided by French-speaking professionals and/or interpreters.
Once your child enters school, your services and supports will be provided through the services system for school age children. This means you and your child will be working with different service providers. A Resource Teacher with Preschool Resource Services will help you to:

- Make connections to the services you need.
- Identify the service providers you will be working with, such as:
  
  - School Boards
  - Your local school
  - Community Care Access Centre
  - Children’s Treatment Network
- Develop a transition plan and work with you and your school to plan for a successful school entry

For some valuable information about making a successful transition to school visit:

<table>
<thead>
<tr>
<th>Name</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Simcoe County District School Board</td>
<td>scdsb.on.ca/schools/kindergarten-registration/</td>
</tr>
<tr>
<td>Simcoe Muskoka Catholic District School Board</td>
<td>smcdsb.on.ca/parents/kindergarten</td>
</tr>
<tr>
<td>Conseil scolaire de district catholique Centre-sud</td>
<td><a href="https://www.csdccs.edu.on.ca/services/service-a-leleve/">https://www.csdccs.edu.on.ca/services/service-a-leleve/</a></td>
</tr>
<tr>
<td>Conseil scolaire Viamonde</td>
<td>csviamonde.ca/Succes-de-leleve/Maternelle-et-jardin</td>
</tr>
<tr>
<td>Protestant Separate School Board</td>
<td>pssbp.ca/</td>
</tr>
</tbody>
</table>

Who provides this service:

The following agencies provide Resource Teachers or Early Intervention Workers who can assist you with your child’s transition to school. They include:

- ALLISTON area: Community Living Association for South Simcoe 705-435-4792 Ext. 288
- BARRIE area: Simcoe Community Services 705-726-9082 Ext. 2235
- BRADFORD area: Simcoe Community Services 705-726-9082 Ext. 2235
- COLLINGWOOD area: E3 Community Services, Inc. 705-445-6351 Ext. 241
- MIDLAND area: Community Living Huronia 705-527-7022 Ext. 327
- ORILLIA area: Catulpa Community Support Services 705-326-2214 Ext. 0

This service can be provided by French-speaking professionals and/or interpreters.
These regional services offer a variety of supports, services and resources to families and children. Speak to your Resource Teacher or Early Intervention Worker or contact these agencies directly for more information. Some services may be available in French.

<table>
<thead>
<tr>
<th>SERVICE/RESOURCE/ SUPPORT</th>
<th>BRIEF DESCRIPTION</th>
<th>CONTACT INFORMATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>211</td>
<td>If you require assistance or information, dial 2-1-1 to speak with a trained information specialist. This is a free, 24-hour-a-day, seven-days-a-week, confidential, multi-lingual service providing information on community, social and government services.</td>
<td>2-1-1 211ontario.ca</td>
</tr>
<tr>
<td>Ontario Early Years Centres</td>
<td>Provides parents with information, education &amp; resources to support their parenting role. Offers a variety of age-appropriate learning opportunities for children up to age six (6). All programs are free.</td>
<td>Simcoe Grey 705-446-0816 Simcoe North 705-526-2456 Barrie/Bradford 705-792-7878</td>
</tr>
<tr>
<td>Borden Family Resource Centre</td>
<td>The Borden Family Resource Centre provides community-based family services which support and enhance the quality of life of the Canadian Force Base Borden community.</td>
<td>705-424-1200 ext.3994 familyforce.ca</td>
</tr>
<tr>
<td>Simcoe Muskoka District Health Unit</td>
<td>Offers a wide range of programs and public health services focused on promoting and protecting health and preventing disease, disability and injury.</td>
<td>1-877-721-7520 simcoemuskokahealth.org</td>
</tr>
<tr>
<td>Healthy Babies Healthy Children</td>
<td>HBHC is a voluntary program for women and their families in the prenatal period and families with children from birth until their transition to school. HBHC offers support in home for every child and parent identified with challenges to provide opportunities to achieve healthy pregnancy, nutrition and feeding (breastfeeding) healthy child development, safety, accessing community resources and more.</td>
<td>To refer call Health Connection at 705-721-7520</td>
</tr>
<tr>
<td>Simcoe Muskoka Family Connexions</td>
<td>Committed to building partnerships with families and community to protect infants, children and youth and to strengthen their families which will promote their safety and well-being.</td>
<td>1-800-461-4236 familyconnexions.ca</td>
</tr>
<tr>
<td>Community Action Program for Children</td>
<td>Program support for teens/young parents, families with low income and families new to Canada with children 0-6.</td>
<td>705-733-3227 catulpa.on.ca Facebook.com/simcoecountycape</td>
</tr>
<tr>
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<tr>
<td>Children’s Treatment Network Family Resource Site</td>
<td>Children’s Treatment Network – (CTN) Children’s Treatment Network supports children and youth (birth to 19) throughout Simcoe County and York Region with multiple special needs. CTN provides specialized clinical and rehabilitation services through a network of partner organizations, including school boards, hospitals and other health agencies and community organizations. Together we foster an integrated, family-centered approach and deliver services where families spend their time: at home, in the community and at school. CTN is funded by the Ministry of Children and Youth Services</td>
<td>ctnsy.ca If you have questions about your child’s development, or services and supports for children with special needs please contact 1-866-377-0286.</td>
</tr>
<tr>
<td>La Clé d’la Baie</td>
<td>Variety of services to Francophone families including Childcare and Early Years programs and mental health services</td>
<td>1-877-316-6449 lacle.ca</td>
</tr>
<tr>
<td>Barrie Area Native Advisory Circle</td>
<td>Aboriginal community development in the areas of child care, health planning, social development and support to seniors and families.</td>
<td>705-734-1818 banac.on.ca</td>
</tr>
<tr>
<td>Métis Nation of Ontario</td>
<td>Delivers the Aboriginal Healing and Wellness program for youth and adults, and the Aboriginal Healthy Babies Healthy Children program to families and children up to age 6.</td>
<td>705-526-6335 metisnation.org</td>
</tr>
<tr>
<td>Native Friendship Centres</td>
<td>Provides programs that promote education, economic development, children’s and youth initiatives, and cultural awareness.</td>
<td>1-800-722-9291 ofifc.org</td>
</tr>
<tr>
<td>Beausoleil First Nation</td>
<td>Services for Beausoleil members living on reserve.</td>
<td>705-247-2051 chimnissing.ca</td>
</tr>
<tr>
<td>Rama First Nation</td>
<td>Services for Rama members living on reserve.</td>
<td>705-325-3611 <a href="http://www.mnijkaning.ca">www.mnijkaning.ca</a></td>
</tr>
<tr>
<td>Native Women’s Groups</td>
<td>Provides culture-based, CAPC and CPNP programs for Native women and their families.</td>
<td>705-329-7755 onwg.ca 705-527-7043 gbnwa.ca</td>
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**Parent Support Groups:**

There are many local, provincial and national associations as well as a number of local parent support groups that are valuable resources for families. If you are interested in joining a local parent support group or would like more information, please speak to a member of your Early Intervention team.
There are a variety of public and private funding sources for families in Simcoe County. The following are just some that may be available to you. For more options, we recommend that you speak with a member of your Early Intervention team.

<table>
<thead>
<tr>
<th>FUNDING/SUBSIDY</th>
<th>BRIEF DESCRIPTION</th>
<th>CONTACT INFORMATION</th>
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</thead>
<tbody>
<tr>
<td>Child Care Subsidy County of Simcoe</td>
<td>The County of Simcoe’s Children and Community Services Department provides Child Care Fee Assistance to eligible families within the County of Simcoe and the Cities of Barrie and Orillia. Parents/Guardians must be working, attending school, fullfilling a participation agreement with Ontario Works, or in need of developmental programming for a child with special needs or to support exceptional needs where health, safety, well being of a family member is a significant risk. For more information, contact 705-722-3132 and press 4.</td>
<td>simcoe.ca/dpt/ss/ccc/services/assistance/index.htm</td>
</tr>
<tr>
<td>Assistance for Children with Severe Disabilities (A.C.S.D.) Ontario Ministry of Children and Youth Services</td>
<td>Provides financial assistance to help some families meet the extra costs resulting from a disability. Eligibility is based on total family income, total allowable expenses, as well as the number and ages of children in the family.</td>
<td><a href="http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/disabilities/index.aspx">www.children.gov.on.ca/htdocs/English/topics/specialneeds/disabilities/index.aspx</a></td>
</tr>
<tr>
<td>Special Services At Home (S.S.A.H.) Ontario Ministry of Children and Youth Services</td>
<td>Families caring for their children at home who have a developmental or physical disability, may be eligible for Special Services At Home funding. This funding allows for developmental programming and/or parent relief. Funding is not meant to duplicate services available in the community and is based on the child’s needs.</td>
<td><a href="http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/specialservices/index.aspx">www.children.gov.on.ca/htdocs/English/topics/specialneeds/specialservices/index.aspx</a></td>
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<tr>
<td>Easter Seal’s Incontinence Grant</td>
<td>The program is for children and youth between the ages of 3 to 18 years of age with a chronic disability resulting in irreversible incontinence lasting longer than six months. Some children under the age of 3 may be eligible for funding depending on their diagnosis (for example, Spina Bifida). The grant is a contribution to the cost of supplies and may not cover all costs. The application must be completed and signed by a medical physician licensed to practice in Ontario. The child must be a resident of Ontario and hold a valid Ontario health card.</td>
<td>easterseals.org/services/incontinence-supplies-grant</td>
</tr>
<tr>
<td>Respite Enhancement Funding Ontario Ministry of Children and Youth Services</td>
<td>Provides support to families caring for a child at home with complex medical issues who is dependent on a technological device for survival. This funding assists families to purchase respite services. Families can contact the Community Care Access Centre Simcoe County to determine whether their child’s care needs meet the eligibility criteria.</td>
<td><a href="http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/respite/index.aspx">www.children.gov.on.ca/htdocs/English/topics/specialneeds/respite/index.aspx</a></td>
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# Family Reference Sheet

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<thead>
<tr>
<th>NAME</th>
<th>TITLE/DISCIPLINE</th>
<th>AGENCY/ORGANIZATION</th>
<th>PHONE NUMBER</th>
<th>E-MAIL ADDRESS</th>
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