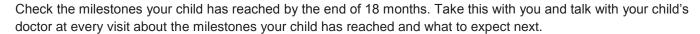
# Your Child at 18 Months (11/2 Yrs)

Child's Name Child's Age Today's Date

How your child plays, learns, speaks, acts, and moves offers important clues about your child's development. Developmental milestones are things most children can do by a certain age.



### What Most Children Do at this Age:

#### Social/Emotional

- ☐ Likes to hand things to others as play
- May have temper tantrums
- ☐ May be afraid of strangers
- ☐ Shows affection to familiar people
- ☐ Plays simple pretend, such as feeding adoll
- May cling to caregivers in new situations
- ☐ Points to show others something interesting
- ☐ Explores alone but with parent close by

#### Language/Communication

- □ Says several single words
- ☐ Says and shakes head "no"
- □ Points to show someone what he wants

#### Cognitive (learning, thinking, problem-solving)

- ☐ Knows what ordinary things are for; for example, telephone, brush, spoon
- ☐ Points to get the attention of others
- ☐ Shows interest in a doll or stuffed animal by pretending to feed
- ☐ Points to one bodypart
- ☐ Scribbles on his own
- ☐ Can follow 1-step verbal commands without any gestures; for example, sits when you say "sit down"

#### **Movement/Physical Development**

- Walks alone
- ☐ May walk up steps and run
- □ Pulls toys while walking
- □ Can help undress herself
- Drinks from a cup
- Eats with aspoon

## **Early Screening Matters**

encourages regular conversations about your child's development with:

- Registered Early Childhood Educators (RECE) in Licensed Child Care Centres
- EarlyON Program Facilitators
- Community Action Program for Children (CAPC) Program Facilitators
- Health Care Providers and Public Health Nurses



For more information call 705.739.5696 or 1.800.675.1979

Adapted from CARING FOR YOUR BABY AND YOUNG CHILD: BIRTH TO AGE 5, Fifth Edition, edited by Steven Shelov and Tanya Remer Altmann © 1991, 1993, 1998, 2004, 2009 by the American Academy of Pediatrics and BRIGHT FUTURES: GUIDELINES FOR HEALTH SUPERVISION OF INFANTS, CHILDREN, AND ADOLESCENTS, Third Edition, edited by Joseph Hagan, Jr., Judith S. Shaw, and Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics. This milestone checklist is not a substitute for a standardized, validated developmental screening tool.





# Help Your Child Learn and Grow



You can help your child learn and grow. Talk, read, sing, and play together every day. Below are some activities to enjoy with your 18-month-old child today.

What You Can Do for Your 18-Month-Old:	
<ul> <li>Provide a safe, loving environment. It's important to be consistent and predictable.</li> </ul>	☐ Hide things under blankets and pillows and encourage him to find them.
Praise good behaviors more than you punish bad behaviors (use only very brief time outs).	Play with blocks, balls, puzzles, books and toys that teach cause and effect and problem solving.
☐ Describe her emotions. For example, say, "You are happy when we read this book."	☐ Name pictures in books and body parts.
☐ Encourage pretend play.	Provide toys that encourage pretend play; for example, dolls, play telephones.
□ Encourage empathy. For example, when he sees a child who is sad, encourage him to hug or pat the other child.	Provide safe areas for your child to walk and move around in.
<ul> <li>Read books and talk about the pictures using simple words.</li> </ul>	☐ Provide toys that she can push or pull safely.
☐ Copy your child's words.	☐ Provide balls for her to kick, roll and throw.
Use words that describe feelings and emotions.	☐ Encourage him to drink from his cup and use a spoon, no matter how messy.
☐ Use simple, clear phrases.	☐ Blow bubbles and let your child pop them.
☐ Ask simple questions.	



