# Paramedic Recruitment Information

The County of Simcoe is currently accepting applications for Part-time Primary Care Paramedics. Please review the information below <u>prior</u> to submitting your application.

#### **Advanced Care Paramedic:**

Initially, paramedics are recruited as Primary Care Paramedics with the opportunity to cross-certify post probation, should positions become available. If you are currently certified as an Advanced Care Paramedic, please identify this on your application.

#### **Written Test:**

Those candidates selected to participate in the initial phase of the recruitment process will be required to attend a written exam on February 27, 2016. The exam will be an AEMCA style exam consisting of multiple choice questions and will focus on the following areas: critical thinking, decision making, medical-legal, pharmacology, pathophysiology, EKGs, provincial symptom relief directives and will include scenarios. This portion of the recruitment is a pass fail component.

## **Physical Testing:**

The successful completion of a Physical Assessment Evaluation (PAE) will be required as a condition of employment with the County of Simcoe. This testing is conducted by a third party organization on behalf of the County of Simcoe Paramedic Services. This is a pass/fail component. Scores are valid for six months from the date of testing. Successful candidates may re-test early in order to ensure valid results for current job posting requirements, however unsuccessful candidates will not be permitted to re-test until their 6 month validity window has passed. A successful test result must be valid for February 27, 2017. If you are unsure of your test result from a previous test, please review the email sent to you by the County of Simcoe Human Resources department. Please note that physical testing will be due on February 27, 2017.

To complete this PAE, you must contact Concept of Movement, the only approved County of Simcoe Paramedic Services testing facility located at 110 Bradford Street, Barrie, ON L4N 3B1. There are limited appointment time slots available so booking early is recommended. To book your evaluation, please use Concept of Movement's direct booking line at 705-728-6444. This evaluation must be completed by no later than February 27, 2017 to be eligible for consideration. You may begin booking PAEs immediately as limited spaces are available.

There will be a fee of \$125.00 plus applicable taxes to your credit card at the time of booking by Concept of Movement; please have a valid Visa or MasterCard available.

During your PAE, you will be asked to perform a variety of movements and tasks including:

- Functional Movement Testing: To screen dysfunctional and/or painful movements
- Base Strength and Balance Testing: To assess basic components for movement proficiency:
  - Grip strength
  - Balance

- Push-ups (based on age/sex)
- ➤ Bent arm hang (15 second hold)
- Performance Based Testing: Completion of a series of lifts and carries specific to paramedic requirements
  - ➤ Deficit barbell deadlift of 52kg (115lbs)
  - > Prowler sled push-pull 68kg (150 lbs) 40 feet
  - Farmer lift and carry, 20kg (44lb) in each hand and walk 32 feet navigating around cones
  - > Suitcase lift and carry, 20kg weight 32ft navigating around cones, done on both right and left sides
  - Sand bag lift to height, 20kg bag lifted to 30inch platform, 12kg bag lifted to 48 inch platform

You will have 60 minutes to complete your PAE.

### **AEMCA-Pending:**

Applications will be accepted from AEMCA-pending candidates who will have graduated from a Paramedic Training Program by April 30, 2017 and who will be writing the AEMCA exam on June 14, 2017.